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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
LANSDOWNE HEIGHTS & MEMORY CARE	Resident Birthdays Charlotte F. Jan H. Penelope J. John M. Tammy N.	10:00 Get Fit with Bayada! 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 Animal News Now 11:30 Pondering Prompts 1:00 Visits with You 1:00 Walking Club 1:30 Documentary(iN2L) 2:00 BINGO! 3:00 Snack and Hydration 4:00 Karaoke! 6:00 Classic TV	10:00 Cardio Drumming 10:00 Morning Movement 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 Name that Tune!-World UFO Day 12:00 In House Lunch-My Favorites 1:00 Our Garden 1:00 Walking Club 1:30 Creative Arts-My UFO (World UFO Day) 2:00 Reading with You-Famous Extra-Terrestrials 2:00 Venture Out!-Patriotic Bus Tour 3:00 Snack and Hydration 4:00 Table Games 6:00 Evening Movie (iN2L)		10:00 Stretchercise! 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 Learning about Independence Day 11:30 Red, White, and Blue Trivia 1:00 Walking Club 2:00 Creative Arts: Patriotic Crafts 3:00 4th of July Fireworks and Fun! 4:00 Patriotic Sing A Long 6:00 Evening Virtual Concert	10:00 Parachute Fun! 11:00 Daily Chronicle (iN2L) 11:30 Fun and Games (iN2L) 1:00 Let's Travel! (iN2L) 1:00 Walking Club 1:30 Summer Sensory Basket 2:00 Visits with You 2:00 Willy the Piano Guy 3:00 Movie Saturday 3:00 Snack and Hydration 4:00 Live Music with Dreama 6:00 Evening Movie (iN2L)
10:00 Music and the Spoken Word  10:30 Morning Movement  11:00 Daily Chronicle (iN2L)-with Music and Videos  11:30 Animal News Now!  1:00 Walking Club  2:00 Crafty Corner with Joyce  2:45 Kev's Gym  2:45 Visits with You  3:15 Snack and Hydration  4:00 Table Games  6:00 Evening Movie (iN2L)	To:00 A Visit with Red the Therapy Dog 10:00 Boxing! 10:00 Wave Your Baton 10:00 Wave Your Baton 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 Caring for Our Courtyards 11:30 Fun and Games (iN2L) 11:00 Walking Club 2:00 Crafts with Heather 2:00 Venture Outl-Leesburg Airport 3:00 Snack and Hydration 4:00 Water Painting 6:00 Evening Virtual Concert	10:00 Get Fit with Bayada! 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 Animal News Now 11:30 Pondering Prompts 1:00 Creative Arts 1:00 Walking Club 2:00 Spa Day-Hand Massages 2:00 Spa Day-Hand Massages 2:00 Visits with You 3:00 Snack and Hydration 4:00 Bowling! 6:00 Classic TV	10:00 Cardio Drumming 10:00 Morning Movement 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 Sensory Cooking: Sugar Cookie Day 1:00 Our Garden 1:00 Walking Club 1:30 Live Music with Eric 3:00 Snack and Hydration 4:00 Table Games 6:00 Evening Movie (iN2L)	11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 Summer Sensory Basket 11:30 Summer Sensory Basket	10:00 Stretchercise! 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 Caring for Our Courtyards 11:30 Guess Who? 1:00 Neurosound Music Therapy 1:00 Visits with You 2:00 Music Trivia 2:00 Venture Out!-Our Errands 3:00 Friday Movie 3:00 Snack and Hydration 6:00 Evening Virtual Concert	10:00 Parachute Fun! 11:00 Daily Chronicle (iN2L) 11:30 Sensory Saturday: Hand Massages 1:00 Let's Travel! (iN2L) 1:00 Walking Club 1:30 Garden Club 2:00 Visits with You 2:00 Willy the Piano Guy 3:00 Documentary(iN2L) 3:00 Snack and Hydration 4:00 Color Me Calm 6:00 Evening Movie (iN2L)
10:00 Music and the Spoken Word 10:30 Morning Movement 11:00 Daily Chronicle (iN2L)-with Music and Videos 11:30 EZ Trivia 1:00 Crafty Corner with Joyce 2:30 Live Music & Dancing with Daryl 2:30 Visits with You 3:00 Snack and Hydration 4:00 Puzzle Corner 6:00 Evening Movie (iN2L)	10:00 Boxing! 10:00 Wave Your Baton 10:00 Wave Your Baton 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 Caring for Our Courtyards 11:30 Fun and Games (iN2L) 11:30 Fun and Games (iN2L) 11:00 Walking Club 2:00 Venture Out!-Red Rock Wilderness Preserve 2:00 Visits with You 2:30 Live Music and Dancing with Zenon 3:00 Snack and Hydration 4:00 Water Painting 6:00 Evening Virtual Concert	10:00 Get Fit with Bayada! 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 Animal News Now 11:30 Pondering Prompts 1:00 Walking Club 1:30 Documentary(iN2L) 2:00 BINGO! 2:00 Spa Day-Hand Massages/Nails 3:00 Snack and Hydration 4:00 Karaoke! 6:00 Classic TV	10:00 Cardio Drumming 10:00 Morning Movement 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 Sensory Cooking: National Hot Dog Day 12:00 In House Lunch-My Favorites 1:00 Walking Club 1:30 Our Chores 2:00 Pondering Prompts 2:00 Reading with You 2:00 Visits with You 3:00 Snack and Hydration 4:00 Table Games 6:00 Evening Movie (iN2L)	10:00 Play Ball! 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 Summer Sensory Basket 11:30 Summer Sensory Basket 11:30 Word Search and Crossword Puzzles 1:00 Creative Arts 1:00 Out and About 1:00 Walking Club 2:00 Reminiscing with Scents 2:00 Visits with You 3:30 Monthly Resident Birthday Celebration-Christmas in July! 6:00 Let's Travel!	7 10:00 Stretchercise! 10:30 Daily Chronicle (iN2L) 11:00 Live Music with Eric 1:00 Neurosound Music Therapy 1:00 Visits with You 2:00 Bowling! 2:00 Venture Out!-Women's Group: Summer Drinks and Fun! 3:00 Friday Movie 3:00 Snack and Hydration 6:00 Evening Virtual Concert	10:00 Parachute Fun! 11:00 Daily Chronicle (iN2L) 11:30 Fun and Games (iN2L) 1:00 Let's Travel! (iN2L) 1:00 Walking Club 1:30 Coffee Club 2:00 Visits with You 2:00 Willy the Piano Guy 3:00 Movie Saturday 3:00 Snack and Hydration 4:00 Color Me Calm 6:00 Evening Movie (iN2L)
10:00 Music and the Spoken Word 10:30 Morning Movement 11:00 Daily Chronicle (iN2L)-with Music and Videos 11:30 Animal News Now! 1:00 Crafty Corner with Joyce 2:00 Country Music Sing Along 2:45 Kev's Gym 3:00 Snack and Hydration 4:00 Table Games 6:00 Evening Movie (iN2L)	10:00 A Visit with Red the Therapy Dog 10:00 Boxing! 10:00 Wave Your Baton 10:00 Wave Your Baton 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 Caring for Our Courtyards 11:30 Fun and Games (iN2L) 1:00 Walking Club 2:00 Noodle Ball 2:00 Venture Outl-Edwards Landing 2:00 Visits with You 3:00 Snack and Hydration 4:00 Water Painting 6:00 Evening Virtual Concert	10:00 Get Fit with Bayada! 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 Animal News Now 11:30 Pondering Prompts 1:00 Creative Arts 1:00 Walking Club 2:00 Spa Day-Hand Massages 2:00 Spa Day-Hand Massages 2:00 Visits with You 3:00 Snack and Hydration 4:00 Karaoke! 4:00 Men's Group with Phillip: At the Arcade 6:00 Classic TV	10:00 Cardio Drumming 10:00 Morning Movement 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 Name that Tune! 1:00 Our Garden 1:00 Walking Club 1:30 Our Chores 2:00 Live Music & Dancing with Daryl 3:00 Snack and Hydration 4:00 Table Games 6:00 Evening Movie (iN2L)	10:00 Play Ball! 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 Summer Sensory Basket 11:30 Summer Sensory Basket 11:30 Word Search and Crossword Puzzles 1:00 Creative Arts 1:00 Out and About 1:00 Walking Club 2:00 A Visit with Shadow the Therapy Dog 2:00 Reminiscing with Scents 2:00 Visits with You 3:00 Snack and Hydration 4:00 Puzzle Corner 6:00 Let's Travel!	10:00 Stretchercise! 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 Caring for Our Courtyards 11:30 Guess Who? 1:00 Neurosound Music Therapy 1:00 Visits with You 2:00 Music Trivia 2:00 Venture Out!-Bruster's Ice Cream 3:00 Friday Movie 3:00 Snack and Hydration 6:00 Evening Virtual Concert	10:00 Parachute Fun! 11:00 Daily Chronicle (iN2L) 11:30 Sensory Saturday: Hand Massages 1:00 Let's Travel! (iN2L) 1:00 Walking Club 1:30 Summer Sensory Basket 2:00 Visits with You 2:00 Willy the Piano Guy 3:00 Movie Saturday 3:00 Snack and Hydration 4:00 Live Music with Vince! 6:00 Evening Movie (iN2L)
10:00 Music and the Spoken Word 10:30 Morning Movement 11:00 Daily Chronicle (iN2L)-with Music and Videos 11:30 Who Am I? 1:00 Crafty Corner with Joyce 1:30 Reading with You 2:00 Puzzle Corner 3:00 Snack and Hydration 4:00 Live Music with Dreama 4:00 Visits with You 6:00 Evening Movie (iN2L)	10:00 Wave Your Baton 10:00 Wave Your Baton 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 Caring for Our Courtyards 11:30 Fun and Games (iN2L) 11:30 Fun and Games (iN2L) 1:00 Walking Club 1:30 Live Music with Matthew Melvin 2:00 Venture Out!-Windmill Park 3:00 Snack and Hydration 4:00 Water Painting 6:00 Evening Virtual Concert	10:00 Get Fit with Bayada! 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 Animal News Now 11:30 Pondering Prompts 1:00 Creative Arts 1:00 Walking Club 1:30 Documentary(iN2L) 2:00 BINGO! 2:00 Spa Day-Hand Massages/Nails 2:00 Visits with You 3:00 Snack and Hydration 4:00 Karaoke! 6:00 Classic TV	10:00 Cardio Drumming 10:00 Morning Movement 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 Name that Tune! 12:00 In House Lunch-My Favorites 1:00 Our Garden 1:00 Walking Club 1:30 Our Chores 2:00 Pondering Prompts-International Day of Friendship 2:00 Reading with You-Famous Friendships 3:00 Snack and Hydration 4:00 Table Games 6:00 Evening Movie (iN2L)	11:00 Daily Chronicle and Discussion 11:30 Summer Sensory Basket 11:30 Summer Sensory Basket 11:30 Word Search and Crossword Puzzles 1:00 Creative Arts 1:00 Out and About	Activity Groups Community Green Group Orange Group Blue Group Venture Out(Outings) Special Event/ Entertainment	Serve Camp Dates July 7-10 July 14-17 July 21-24 July 28-July 31