June 2025						created with COCU
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00Music and the Spoken Word10:30Morning Movement11:00Daily Chronicle (iN2L)-with Music and Videos11:30Who Am I?1:00Crafty Corner with Joyce1:00Walking Club2:00Creative Arts with Amanda2:00Reading with You2:45Kev's Gym3:00Snack and Hydration4:00Puzzle Corner6:00Evening Movie (iN2L)	10:00 Boxing! 10:00 Wave Your Baton 10:00 Wave Your Baton 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 Caring for Our Courtyards 11:30 Fun and Games (iN2L) 12:00 Walking Club 2:00 Painting and Crafts with Heather 2:00 Visits with You 3:00 Snack and Hydration 4:00 Water Painting 6:00 Evening Virtual Concert	2 10:00 Get Fit with Bayada! 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 Learning about Lance Armstrong 11:30 Mad About Cycling-World Bicycle Day 1:00 Creative Arts-My Bicycle 1:00 Walking Club 1:30 Documentary(iN2L) 2:00 Spa Day-Hand Massages/Nails 2:00 Spa Day-Hand Massages/Nails 2:30 Cycling Together! 3:00 Snack and Hydration 4:00 Live Music with Dreama 6:00 The Dick Van Dyke Show	10:00 Cardio Drumming 10:00 Jump Rope Fun! 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 Name that Tune! 12:00 In House Lunch-My Favorites 1:00 Walking Club 1:30 Our Chores 2:00 EZ Music: Dean Martin 2:00 Our Garden 3:00 Snack and Hydration 4:00 Table Games 6:00 Evening Movie (iN2L)		 10:00 Stretchercise! 10:30 Venture Outl-Reading our Chronicle at Dunkin (Donut Day) 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle (iN2L) 11:30 What Am I?-Donut Day 1:00 Neurosound Music Therapy 2:00 Sensory Cooking: Baked Donuts 2:00 Visits with You 3:00 Friday Movie 3:00 Snack and Hydration 6:00 Evening Virtual Concert 	10:00Parachute Fun!711:00Daily Chronicle (iN2L)711:30Fun and Games (iN2L)1:001:00Let's Travel! (iN2L)1:00Walking Club1:30Summer Sensory Basket2:00Visits with You2:00Willy the Piano Guy3:00Movie Saturday3:00Snack and Hydration4:00Color Me Calm6:00Evening Movie (iN2L)
10:00Music and the Spoken Word810:30Morning Movement11:00Daily Chronicle (iN2L)-with Music and Videos11:30EZ Trivia1:00Crafty Corner with Joyce1:00Walking Club2:00Memory Melodies2:00Reading with You3:00Snack and Hydration4:00Music Therapy with Ray Leone6:00Evening Movie (iN2L)	10:00A Visit with Red the Therapy Dog10:00Boxing!10:00Wave Your Baton10:00Wave Your Baton11:00Daily Chronicle (iN2L)11:00Daily Chronicle (iN2L)11:00Daily Chronicle (iN2L)11:00Daily Chronicle and Discussion11:30Fun and Games (iN2L)11:30Fun and Games (iN2L)2:00Star of the Month2:00Venture Outl-Olde Izaak Walton Park2:00Snack and Hydration4:00Water Painting6:00Evening Virtual Concert	9 10:00 Get Fit with Bayada! 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 EZ Trivia 11:30 Pondering Prompts 1:00 Creative Arts 2:00 Spa Day-Hand Massages 2:00 Spa Day-Hand Massages/Nails 2:00 Visits with You 3:00 Iced Tea Social (Iced Tea Day) 4:00 Karaoke with Caroline! 6:00 The Dick Van Dyke Show	10:00Cardio Drumming 10:00 11 11:00Daily Chronicle (iN2L)11:00Daily Chronicle (iN2L)11:00Daily Chronicle and Discussion11:3011:30Name that Tune!1:00Our Garden1:00Reading with You1:30Our Chores2:00Live Music & Dancing with Daryl3:00Snack and Hydration4:00Table Games6:00Evening Movie (iN2L)	10:00 Play Ball! 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 Summer Sensory Basket 11:30 Word Search and Crossword Puzzles 1:00 Visits with You 1:00 Walking Club 2:00 A Visit with Shadow the Therapy Dog 2:00 Crafts with Patricia 2:00 Out and About 3:00 Snack and Hydration 4:00 Cornhole! 6:00 Let's Travel!	10:00 Stretchercise! 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 Caring for Our Courtyards 11:30 Guess Who? 1:00 Neurosound Music Therapy 2:00 Axe Throwing with Axes and Ohs (International Axe Throwing Day) 3:00 Friday Movie 3:00 Snack and Hydration 3:00 Venture Out!-Women's Group: Meadows Farms Nursery 3:00 Visits with You 6:00 Evening Virtual Concert	10:00 Parachute Fun! 11:00 Daily Chronicle (iN2L) 11:30 Sensory Saturday: Hand Massages 1:00 Let's Travel! (iN2L) 1:00 Walking Club 1:30 Garden Club 2:00 Visits with You 2:00 Willy the Piano Guy 3:00 Movie Saturday 3:00 Snack and Hydration 4:00 Color Me Calm 6:00 Evening Movie (iN2L)
10:00Music and the Spoken Word1510:30Morning Movement1511:00Daily Chronicle (iN2L)-with Music and Videos13011:30Learning about Father's Day1:00Crafty Corner with Joyce1:30Reading with You2:00Visits with You3:00Father's Day Bowling and Brews with Daryl4:00Puzzle Corner 6:006:00Evening Movie (iN2L)	10:00Boxing!110:00Wave Your Baton110:00Wave Your Baton111:00Daily Chronicle (iN2L)11:00Daily Chronicle (iN2L)11:00Daily Chronicle and Discussion11:30Caring for Our Courtyards11:30Fun and Games (iN2L)2:00Noodle Ball2:00Venture Out!-Tuscarora Creek Park2:00Snack and Hydration4:00Water Painting6:00Evening Virtual Concert	6 10:00 Get Fit with Bayada! 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 Animal News Now 11:30 Pondering Prompts 1:00 Creative Arts 1:30 Documentary(iN2L) 2:00 Spa Day-Hand Massages/Nails 2:00 Visits with You 3:00 Snack and Hydration 4:00 Karaoke with Caroline! 4:00 Men's Group with Phillip: Our Toolbox 6:00 The Dick Van Dyke Show	10:00 Cardio Drumming 10:00 Jump Rope Fun! 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 Name that Tune! 12:00 In House Lunch-My Favorites 1:00 Our Garden 1:30 Our Chores 2:00 Pondering Prompts 2:00 Reading with You 2:00 Visits with You 3:00 Snack and Hydration 4:00 Table Games 6:00 Evening Movie (iN2L)	10:00 Play Ball! 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 Sensory Cooking: Red Velvet Cake 11:30 The History of Juneteenth 11:30 The History of Juneteenth 1:00 Out and About 1:00 Walking Club 2:00 Creative Arts 2:00 Juneteenth Bus Tour! 2:00 Let's Travel! (iN2L)-National Museum of African American History and Culture 3:00 Juneteenth Social 4:00 Motown Karaoke 6:00 Let's Travel!	10:00 Stretchercise! 10:30 Daily Chronicle and Discussion 11:00 Live Music with Eric 1:00 Neurosound Music Therapy 2:00 Music Trivia 2:00 Venture Out!-Paris Baguette 2:00 Visits with You 3:00 Friday Movie 3:00 Snack and Hydration 6:00 Evening Virtual Concert	10:00Parachute Fun!2111:00Daily Chronicle (iN2L)2111:30Finish the Phrase1:001:00Let's Travel! (iN2L)1:00Walking Club1:30Summer Sensory Basket2:00Visits with You2:00Willy the Piano Guy3:00Movie Saturday3:00Snack and Hydration4:00Color Me Calm6:00Evening Movie (iN2L)
10:00 Music and the Spoken Word 10:30 Morning Movement 11:00 Daily Chronicle (iN2L)-with Music and Videos 11:30 What Would You Do? 1:00 Crafty Corner with Joyce 1:00 Walking Club 1:30 Reading with You 2:00 Creative Arts with Amanda 2:00 Visits with You 3:00 Snack and Hydration 4:00 Live Music with Dreama 6:00 Evening Movie (iN2L)	10:00 A Visit with Red the Therapy Dog 10:00 Boxing! 10:00 Wave Your Baton 10:00 Wave Your Baton 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 Caring for Our Courtyards 11:30 Fun and Games (iN2L) 11:30 Fun and Games (iN2L) 2:00 Out and About 2:00 Venture Out!-Keep Loudoun Beautiful Park 2:00 Visits with You 3:00 Snack and Hydration 4:00 Water Painting 6:00 Evening Virtual Concert	10:00 Get Fit with Bayada! 10:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 Pondering Prompts 11:30 What Am I? 1:00 Creative Arts 1:00 Walking Club 2:00 BINGO! 2:00 Spa Day-Hand Massages 2:00 Spa Day-Hand Massages/Nails 3:00 Snack and Hydration 4:00 Karaoke with Caroline! 6:00 The Dick Van Dyke Show	10:00Cardio Drumming 10:00Jump Rope Fun!2511:00Daily Chronicle (iN2L)11:00Daily Chronicle (iN2L)11:00Daily Chronicle and Discussion11:30Name that Tune!1:00Our Garden1:30Our Chores2:00Live Music & Dancing with Daryl2:00Snack and Hydration4:00Table Games6:00Evening Movie (iN2L)		10:00Stretchercise!2711:00Daily Chronicle (iN2L)2711:00Daily Chronicle (iN2L)11:0011:00Daily Chronicle and Discussion11:3011:30Caring for Our Courtyards11:30Guess Who?1:00Neurosound Music Therapy1:00Visits with You2:00Music Trivia2:00Venture Out!-Our Errands3:00Friday Movie3:00Snack and Hydration6:00Evening Virtual Concert	10:00 Parachute Fun! 28 11:00 Daily Chronicle (iN2L) 28 11:30 Finish the Lyric (World Music Day) 20 1:00 Let's Travel! (iN2L) 1:00 1:00 Walking Club 1:30 1:30 Karaoke! (World Music Day) 2:00 2:00 Visits with You 2:00 2:00 Willy the Piano Guy 3:00 3:00 Snack and Hydration 3:00 The Best of the Ed Sullivan Show (World Music Day) 4:00 Color Me Calm 4:00 Music Therapy with Ray Leone 6:00 Evening Movie (iN2L)
10:00 Music and the Spoken Word 10:30 Morning Movement 11:00 Daily Chronicle (iN2L)-with Music and Videos 11:30 Animal News Now! 1:00 Crafty Corner with Joyce 1:30 Reading with You 2:00 Creative Arts with Amanda 2:00 Visits with You 2:45 Kev's Gym 3:00 Snack and Hydration 4:00 Puzzle Corner 6:00 Evening Movie (iN2L)	10:00 Boxing! 10:00 Wave Your Baton 10:00 Wave Your Baton 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 Caring for Our Courtyards 11:30 Fun and Games (iN2L) 11:30 Fun and Games (iN2L) 11:30 Fun and Games (iN2L) 11:00 Visits with You 1:00 Walking Club 2:00 Our Chores 2:00 Venture Out!-Men's Group: Gone Fishing with Phil 3:00 Snack and Hydration 4:00 Water Painting 6:00 Evening Virtual Concert	LANSDOWNE HEIGHTS -	<i>Resident Birthdays</i> Mike F. Tom K. Sonia V.	Activity Groups Community Green Group Orange Group Blue Group Venture Out(Outings) Special Event/ Entertainment	19520 Sandridge Way Leesburg, VA 20176 703-936-7300	HAPPY Falled's

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