March 2025					created with cogely
Sunday Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
March cont'd 30 10:00 A Visit with Red the Therapy Dog 10:30 Boxing!		<u>Resident Birthdays</u>	Activity Groups		10:30 Parachute Fun! 11:00 Daily Chronicle (iN2L)
10:00 Music and the Spoken Word 10:30 Morning Movement 10:30 Parachute Fun!		Alla H.	Community		11:30 Fun and Games (iN2L) 1:00 Let's Travel! (iN2L)
11:00 Daily Chronicle (iN2L)-with Music and Videos     11:00 Chronicle and a Cup of Joe       11:00 Daily Chronicle (iN2L)		Delores P.	Green Group	19520 Sandridge Way	1:00 Walking Club
11:30 Animal News Now!     11:30 Caring for Our Courtyards       1:00 Crafty Corner with Joyce     11:30 Fun and Games (iN2L)	LANSDOWNE HEIGHTS -	Haeok H.	Orange Group	Leesburg, VA 20176	1:30 Kristin Butke's School of Irish Dance 2:30 Willy the Piano Guy
1:00 Walking Club       1:00 Walking Club         1:30 Reading with You       1:30 Visits with You	MEMORY CARE	Kathleen J.	Blue Group	703-936-7300	3:00 Snack and Hydration 3:30 Movie Saturday
2:00 Creative Arts with Amanda       2:00 Venture Out!-Edwards Landing         2:00 Taste of the Month w/ Chef Juan       2:00 Venture Out!-Edwards Landing         3:00 Live Music & Dancing with Daryl       2:00 Volleyball!		Sharon D.	Venture Out(Outings)	/03-930-/300	4:00 Color Me Calm
3:00 Snack and Hydration     3:00 Snack and Hydration       4:00 Calming Boxes     4:00 Puzzle Corner		Susan G.	Special Event/		6:00 Evening Movie (iN2L)
6:00 Evening Movie (iN2L) 6:00 Evening Virtual Concert		Parvaneh K.	Entertainment		
10:30Morning Movement10:30Boxing!11:00Daily Chronicle (iN2L)-with Music and Videos10:30Parachute Fun!11:30Greatest Novels Trivia (Read Across America Day)10:30Parachute Fun!11:30Greatest Novels Trivia (Read Across America Day)11:00Chronicle and a Cup of Joe11:00Crafty Corner with Joyce11:00Daily Chronicle (iN2L)1:00Creative Arts with Amanda10:30Parachute Fun!1:00Creative Arts with Amanda11:00Creative Arts- Color A Critter1:00Our Story Through the Years (Read Across America Day)1:00Creative Arts- Color A Critter2:45Kev's Gym2:00Wildlife Trivia3:00Snack and Hydration3:00Snack and Hydration4:00Bowling!6:00Evening Movie (iN2L)6:30Reading with YouEvening Virtual Concert	10:00Get Fit with Bayada!411:00Daily Chronicle (iN2L)111:00Daily Chronicle and Discussion111:30Mardi Gras Trivia!11:30What Am I?-Mardi Gras Edition1:00Spa Day-Mardi Gras Nails!1:00Travelogue: New Orleans1:30Visits with You2:00Creative Arts2:00Walking Club-Mardi Gras Parade!3:30Mardi Gras Celebration with Darryl!6:00I Love Lucy	10:30Cardio Drumming10:30Jump Rope Fun!11:00Daily Chronicle (iN2L)11:00Daily Chronicle and Discussion11:30Name that Tune!1:00Our Indoor Garden1:00Walking Club1:30Let's Explore-Calming Boxes1:30Visits with You2:00Learning about Ash Wednesday2:00Snack and Hydration4:00Noodle Ball6:00Evening Movie (iN2L)	10:00       A Visit with Shadow the Therapy Dog       6         10:30       Play Ball!       6         11:00       Daily Chronicle and Discussion       6         11:30       Spring Sensory Basket       6         11:30       Word Search and Crossword Puzzles       6         1:00       Creative Arts       6         1:00       Walking Club       1:30         1:30       Visits with You       2:00         2:00       Reminiscing with Scents       2:00         3:00       Snack and Hydration         4:00       Water Painting         6:00       M.A.S.H.	<ul> <li>10:30 Music Making Moves!</li> <li>10:30 Stretchercise!</li> <li>11:00 Daily Chronicle (iN2L)</li> <li>11:00 Daily Chronicle and Discussion</li> <li>11:30 Caring for Our Indoor Garden</li> <li>11:30 Guess Who?</li> <li>1:00 Neurosound Music Therapy</li> <li>1:00 Visits with You</li> <li>2:00 Music Trivia</li> <li>2:00 Venture Out!-Red Rock Wilderness Preserve</li> <li>3:00 Snack and Hydration</li> <li>6:00 Evening Virtual Concert</li> </ul>	10:30       Parachute Fun!       8         11:00       Daily Chronicle (iN2L)       8         11:30       Sensory Saturday: Hand Massages       8         1:00       Let's Travel! (iN2L)       1:00         1:00       Walking Club       1:30         1:30       Spring Sensory Basket       2:00         2:00       Movie Saturday       3:00         3:00       Snack and Hydration       4:00         4:00       Music Therapy with Ray Leone         6:00       Evening Movie (iN2L)
10:00Music and the Spoken Word10:30Morning Movement11:00Daily Chronicle (iN2L)-with Music and Videos11:30Animal News Now!1:00Crafty Corner with Joyce1:00Crafty Corner with Joyce1:00Walking Club2:00Creative Arts with Amanda2:00Visits with You3:00Snack and Hydration4:00Live Music with Dreama4:00Puzzle Corner6:00Evening Movie (iN2L)	10:00 Get Fit with Bayada! 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 Animal News Now 11:30 Pondering Prompts 12:00 In House Lunch-My Favorites 1:00 Creative Arts 1:00 Walking Club 1:30 Documentary(iN2L) 1:30 Visits with You 2:00 Spa Day-Hand Massages/Nails 2:30 Travelogue-The Nile River 3:00 Snack and Hydration 4:00 Karaoke with Caroline! 6:00 I Love Lucy	10:30Cardio Drumming10:30Jump Rope Fun!11:00Daily Chronicle (iN2L)11:00Daily Chronicle and Discussion11:30Name that Tune!1:00Our Garden1:00Walking Club1:30Let's Explore-Calming Boxes1:30Visits with You2:00EZ Finish the Lyric2:00Reading with You3:00Snack and Hydration4:00Noodle Ball6:00Evening Movie (iN2L)	10:30Play Ball!13311:00Daily Chronicle and Discussion13311:30Spring Sensory Basket11:30Word Search and Crossword Puzzles1:00Creative Arts1:00Out and About1:00Walking Club1:30Visits with You2:00EZ Charades2:00Reminiscing with Scents3:00Snack and Hydration4:00Water Painting6:00M.A.S.H.	10:30Music Making Moves!1410:30Music Making Moves!1410:30Stretchercise!11:0011:00Daily Chronicle (iN2L)11:0011:30National Pi Day!1:001:00Neurosound Music Therapy1:001:30Visits with You2:002:00Music Trivia2:00Venture Out!-Shamrock Shakes!3:00Friday Movie3:00Pi Tasting Contest!6:00Evening Virtual Concert	10:30Parachute Fun!1511:00Daily Chronicle (iN2L)15011:30Fun and Games (iN2L)1501:00Let's Travel! (iN2L)1:00Walking Club1:30Spring Sensory Basket2:00Visits with You2:00Willy the Piano Guy3:00Movie Saturday3:00Snack and Hydration4:00Color Me Calm6:00Evening Movie (iN2L)
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10:00Music and the Spoken Word 10:3010:30Boxing! 10:302410:30Daily Chronicle (iN2L)-with Music and Videos10:30Parachute Fun! 10:302411:30Animal News Now! 1:0011:30Chronicle and a Cup of Joe 11:0011:00Chronicle (iN2L) 11:3011:30Chronicle (iN2L) 11:3011:30Caring for Our Courtyards 11:3011:30Caring for Our Courtyards 11:3011:3011:30Caring for Our Courtyards 11:3011:	<ul> <li>11:30 Animal News Now</li> <li>11:30 EZ Short Story</li> <li>12:00 In House Lunch-My Favorites</li> <li>1:00 Creative Arts</li> <li>1:00 Walking Club</li> <li>1:30 Documentary(iN2L)</li> <li>1:30 Visits with You</li> <li>2:00 Spa Day-Hand Massages/Nails</li> <li>3:00 Snack and Hydration</li> </ul>	10:30 Cardio Drumming 10:30 Jump Rope Fun! 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 Name that Tune! 1:00 Our Garden 1:00 Walking Club 1:30 Let's Explore-Calming Boxes 1:30 Visits with You 2:00 Live Music & Dancing with Daryl 3:00 Snack and Hydration 4:00 Bowling! 6:00 Evening Movie (iN2L)	10:30       Play Ball! (MLB Opening Day)         11:00       Daily Chronicle (iN2L)         11:00       Daily Chronicle and Discussion         11:30       Baseball Humor         11:30       Baseball Sensory Basket         1:00       Creative Arts         1:00       Out and About         1:00       Walking Club         1:30       Visits with You         2:00       Baseball Trivia         2:00       Men's Group with Phillip: Take Me Out to the Ballgame!         3:30       Monthly Resident Birthday Celebration with Vince-Spring Happy Hour         6:00       M.A.S.H.	10:30       Music Making Moves!       28         10:30       Music Making Moves!       28         10:30       Stretchercise!       30         11:00       Daily Chronicle (iN2L)       30         11:30       Caring for Our Courtyards       30         11:30       Fun and Games (iN2L)       30         1:00       Walking Club       30         1:30       Venture Out!-Women's Group: Morven Park Gardens         1:30       Visits with You         2:00       Music Trivia         3:00       Friday Movie         3:00       Snack and Hydration         6:00       Evening Virtual Concert	10:30 Parachute Fun! 11:00 Daily Chronicle (iN2L) 11:30 Fun and Games (iN2L) 1:00 Let's Travel! (iN2L) 1:00 Walking Club 1:30 Spring Sensory Basket 1:30 Visits with You 2:00 Willy the Piano Guy 3:00 Movie Saturday 3:00 Snack and Hydration 4:00 Color Me Calm 6:00 Evening Movie (iN2L) Continued at top