

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

 <p>Resident Birthdays Bruce B. Robert M. Edna R.</p>	<p>Activity Groups Community Green Group Orange Group Blue Group Venture Out(Outings) Special Event/ Entertainment</p>	<p>10:30 Jump Rope Fun! 10:30 New Year's Resolution: Strength Training 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 EZ Music: Etta James 11:30 Name that Tune! 1:00 Creative Art-New Year's Day Coloring 1:00 Walking Club 1:30 Visits with You 2:00 New Year's Day Scavenger Hunt 2:00 Sensory Cooking: Hoppin John for Good Luck in the New Year 3:00 New Year's Day Social 4:00 Puzzle Corner 6:00 Evening Movie (iN2L)</p>	<p>10:30 Cardio Drumming 10:30 Jump Rope Fun! 11:00 Live Music & Dancing with Daryl 12:00 In House Lunch-My Favorites 1:00 Our Indoor Garden 1:00 Walking Club 1:30 Let's Explore-Calming Boxes 1:30 Visits with You 2:00 Fun and Games (iN2L) 2:00 Travel Brief: Oxford, England 3:00 Snack and Hydration 4:00 Table Games 6:00 Evening Movie (iN2L)</p>	<p>10:30 Play Ball! 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 Winter Sensory Basket 11:30 Word Search and Crossword Puzzles 12:30 Daily Chronicle (iN2L) 1:00 Creative Arts-Bookmarks 1:00 Walking Club 1:30 Visits with You 2:00 EZ Music: Etta James 2:00 Reminiscing with Scents 3:00 Snack and Hydration 4:00 Water Painting 6:00 Bonanza</p>	<p>10:30 Hobbit Workout 10:30 Music Making Moves! 10:30 Music Making Moves! 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 Daily Chronicle (iN2L) 11:30 Learning about J.R.R. Tolkien 11:30 What's Your Hobbit Name? 1:00 Neurosound Music Therapy 1:00 Visits with You 2:00 Legolas Target Practice 2:00 Lord of the Rings Trivia 3:00 Afternoon Tea 3:00 Friday Movie-Fellowship of the Ring (Lord of the Rings Day) 6:00 Evening Virtual Concert</p>	<p>10:30 Parachute Fun! 11:00 Daily Chronicle (iN2L) 11:30 Trivia Day!-Resident Choice Trivia Challenge 1:00 Let's Travel! (iN2L) 1:00 Walking Club 1:30 EZ Trivia (Trivia Day) 1:30 Visits with You 2:00 Venture Out!-A Trip to the Silver Screen 2:00 Willy the Piano Guy 3:00 Movie Saturday 3:00 Snack and Hydration 4:00 January Jeopardy 6:00 I Love Lucy (iN2L)</p>
<p>10:00 Music and the Spoken Word 10:30 Stretching with Liana 11:00 Daily Chronicle (iN2L)-with Music and Videos 11:30 Animal Trivia 1:00 Crafty Corner with Joyce-Melted Snowmen 1:00 Football Sunday 1:00 Walking Club 1:30 Explore Our Library 1:30 Reading with You 2:00 Hula Hoop Fun! 2:45 Kev's Gym 2:45 Visits with You 3:30 Snack and Hydration 4:00 Calming Boxes 6:00 Evening Movie (iN2L)</p>	<p>10:00 A Visit with Red the Therapy Dog 10:30 Parachute Fun! 10:30 Parachute Fun! 10:30 Wave Your Baton 11:00 Chronicle and a Cup of Joe 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle (iN2L) 11:30 Caring for Our Indoor Garden 11:30 Sensory Short Story 1:00 Walking Club 1:30 Visits with You 2:00 Soccer Fun! 2:00 Venture Out!-Ida Lee Park 3:00 Snack and Hydration 4:00 Puzzle Corner 6:00 Evening Virtual Concert</p>	<p>10:00 Get Fit with Bayada! 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 Animal News Now 11:30 Pondering Prompts 1:00 Creative Arts-Nature Prints 1:00 Walking Club 1:30 Visits with You 2:00 New Year's Resolution- Learn Something New (Sensory Cooking: Baek Kimchi) 2:00 Spa Day-Hand Massages 3:00 Snack and Hydration 4:00 Karaoke with Caroline! 6:00 The Dick Van Dyke Show</p>	<p>10:30 Cardio Drumming 10:30 Jump Rope Fun! 11:00 Live Music & Dancing with Daryl 12:00 In House Lunch-My Favorites 1:00 Our Indoor Garden 1:00 Walking Club 1:30 Let's Explore-Calming Boxes 1:30 Visits with You 2:00 Fun and Games (iN2L) 2:00 Travel Brief: Oxford, England 3:00 Snack and Hydration 4:00 Table Games 6:00 Evening Movie (iN2L)</p>	<p>10:00 A Visit with Shadow the Therapy Dog 10:30 Play Ball! 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 Winter Sensory Basket 11:30 Word Search and Crossword Puzzles 1:00 Creative Arts 1:00 Visits with You 1:00 Walking Club 2:00 January BINGO 2:00 Reminiscing with Scents 2:00 Snow Jokes 3:00 Snack and Hydration 4:00 Water Painting 6:00 Bonanza</p>	<p>10:30 Music Making Moves! 10:30 Music Making Moves! 10:30 Stretchercise! 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 Caring for Our Indoor Garden 11:30 Who Am I? 1:00 Neurosound Music Therapy 1:30 Visits with You 2:00 Music Trivia 2:00 Venture Out!-Men's Group: XGolf 3:00 Friday Movie-Little Women 3:00 Snack and Hydration 6:00 Evening Virtual Concert</p>	<p>10:30 Parachute Fun! 11:00 Daily Chronicle (iN2L) 11:30 Sensory Saturday: Hand Massages 1:00 Let's Travel! (iN2L) 1:00 Walking Club 1:30 Visits with You 1:30 Winter Sensory Basket 3:00 Movie Saturday-Documentary (iN2L) 3:00 Snack and Hydration 4:00 Color Me Calm 4:00 Music Therapy with Ray Leone 6:00 Evening Movie (iN2L)</p>
<p>10:00 Music and the Spoken Word 10:30 Stretching with Liana 11:00 Daily Chronicle (iN2L)-with Music and Videos 11:30 Animal News Now! 1:00 Crafty Corner with Joyce-My Paintings 1:00 Football Sunday 1:00 Walking Club 1:30 Visits with You 2:00 EZ Short Story 2:00 Wii Games 3:00 Snack and Hydration 4:00 Live Music with Dreama 4:00 Puzzle Corner 6:00 Evening Movie (iN2L)</p>	<p>10:30 Parachute Fun! 10:30 Parachute Fun! 10:30 Wave Your Baton 11:00 Chronicle and a Cup of Joe 11:00 Daily Chronicle (iN2L) 11:30 Caring for Our Indoor Garden 11:30 Fun and Games (iN2L) 1:00 Walking Club 1:30 Visits with You 2:00 Noodle Ball 2:00 Venture Out!-Downtown Leesburg 2:30 Live Music and Dancing with Zenon 3:00 Snack and Hydration 4:00 Puzzle Corner 6:00 Evening Virtual Concert</p>	<p>10:00 Get Fit with Bayada! 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 Animal News Now 11:30 Pondering Prompts 1:00 Creative Arts-Patchwork Penguins 1:00 Walking Club 1:30 Documentary(iN2L) 1:30 Spa Day-Hand Massages/Nails 2:30 Picture Detective 3:00 Snack and Hydration 4:00 Karaoke with Caroline! 6:00 The Dick Van Dyke Show</p>	<p>10:30 Cardio Drumming 10:30 Jump Rope Fun! 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 Daily Chronicle (iN2L) 11:30 Name that Tune! 11:30 What Am I? 1:00 Our Indoor Garden 1:00 Walking Club 1:30 Let's Explore-Calming Boxes 2:00 Live Music & Dancing with Daryl 2:00 Visits with You 3:00 Snack and Hydration 4:00 Table Games 6:00 Evening Movie (iN2L)</p>	<p>10:30 Play Ball! 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 Winter Sensory Basket 11:30 Word Search and Crossword Puzzles 1:00 Creative Arts-Flower of the Month 1:00 Visits with You 1:00 Walking Club 2:00 Bowling! 2:00 Reminiscing with Scents 3:00 Snack and Hydration 4:00 Daily Chronicle 4:00 Water Painting 6:00 Bonanza</p>	<p>10:30 Music Making Moves! 10:30 Music Making Moves! 10:30 Stretchercise! 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 Caring for Our Indoor Garden 11:30 Fun and Games (iN2L) 1:00 Neurosound Music Therapy 1:00 Visits with You 2:00 Music Trivia 2:00 Venture Out!- New Year's Resolution: Serving Our Community (Donations at USO Dulles) 3:00 Friday Movie-Casablanca 3:00 Snack and Hydration 6:00 Evening Virtual Concert</p>	<p>10:30 Parachute Fun! 11:00 Daily Chronicle (iN2L) 11:30 Fun and Games (iN2L) 1:00 Gourmet Coffee Day: The Perfect Latte 1:00 The History of the Coffee Bean 1:00 Walking Club 1:30 Visits with You 2:00 Willy the Piano Guy 3:00 Afternoon Coffee Break 3:00 Movie Saturday 4:00 Color Me Calm 6:00 Evening Movie (iN2L)</p>
<p>10:00 Music and the Spoken Word 10:30 Stretching with Liana 11:00 Daily Chronicle (iN2L)-with Music and Videos 11:30 Animal Trivia 1:00 New Year's Resolution: Learn a New Hobby-Build a Model 1:00 Walking Club 1:30 Explore Our Library 1:30 Reading with You 2:00 Finish the Phrase 2:45 Kev's Gym 3:00 Snack and Hydration 4:00 Calming Boxes 6:00 Evening Movie (iN2L)</p>	<p>10:00 A Visit with Red the Therapy Dog 10:30 Parachute Fun! 10:30 Parachute Fun! 10:30 Wave Your Baton 11:00 Chronicle and a Cup of Joe 11:00 Daily Chronicle (iN2L) 11:30 Caring for Our Indoor Garden 11:30 MLK Day Trivia 1:00 Walking Club 1:00 Wii Games 1:30 Visits with You 2:00 I Have A Dream-Martin Luther King Jr. 2:00 MLK Day Jeopardy 2:00 Venture Out!-Keep Loudoun Beautiful Park 3:00 Snack and Hydration 4:00 Puzzle Corner 6:00 Evening Virtual Concert</p>	<p>10:00 Get Fit with Bayada! 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 Disco Day Trivia 11:30 Remembering the Bee Gees 1:00 Creative Arts-Disco Balls 1:00 Walking Club 1:30 Visits with You 2:00 Spa Day-Hand Massages 2:00 Spa Day-Hand Massages/Nails 3:00 Disco Day Social! 4:00 Disco Karaoke with Caroline! 6:00 The Dick Van Dyke Show</p>	<p>10:30 Cardio Drumming 10:30 Jump Rope Fun! 11:00 Live Music & Dancing with Daryl 1:00 Our Indoor Garden 1:00 Walking Club 1:30 Let's Explore-Calming Boxes 1:30 Visits with You 2:00 Fun and Games (iN2L) 2:00 Pondering Prompts 3:00 Snack and Hydration 4:00 Table Games 6:00 Evening Movie (iN2L)</p>	<p>10:00 A Visit with Shadow the Therapy Dog 10:30 Play Ball! 11:00 Daily Chronicle and Discussion 11:30 Winter Sensory Basket 11:30 Word Search and Crossword Puzzles 1:00 Creative Arts-My Passport 1:00 Walking Club 1:30 Visits with You 2:00 Darts! 2:00 New Year's Resolution: Travel More!-Oxford, England 2:00 Reminiscing with Scents 3:00 Snack and Hydration 4:00 Water Painting 6:00 Bonanza</p>	<p>10:30 Music Making Moves! 10:30 Music Making Moves! 10:30 Stretchercise! 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 Caring for Our Indoor Garden 11:30 Guess Who? 1:00 Neurosound Music Therapy 1:30 Visits with You 2:00 Music Trivia 2:00 Venture Out!-NOVA Wild 3:00 Friday Movie-Show Boat 3:00 Snack and Hydration 6:00 Evening Virtual Concert</p>	<p>10:30 Parachute Fun! 11:00 Daily Chronicle (iN2L) 11:30 Sensory Saturday: Hand Massages 1:00 Let's Travel! (iN2L) 1:00 Walking Club 1:30 Visits with You 1:30 Winter Sensory Basket 3:00 Movie Saturday-Documentary (iN2L) 3:00 Snack and Hydration 4:00 Color Me Calm 4:00 Music Therapy with Ray Leone 6:00 Evening Movie (iN2L)</p>
<p>10:00 Music and the Spoken Word 10:30 Stretching with Liana 11:00 Daily Chronicle (iN2L)-with Music and Videos 11:30 Animal News Now! 1:00 Crafty Corner with Joyce-Chinese Lanterns 1:00 Walking Club 1:30 Reading with You 2:00 Creative Arts-Finish the Drawing 2:00 Wii Games 3:00 Snack and Hydration 4:00 Live Music with Dreama 4:00 Puzzle Corner 6:00 Evening Movie (iN2L)</p>	<p>10:30 Parachute Fun! 10:30 Parachute Fun! 10:30 Wave Your Baton 11:00 Chronicle and a Cup of Joe 11:00 Daily Chronicle (iN2L) 11:30 Caring for Our Indoor Garden 11:30 Sensory Short Story 1:00 Walking Club 1:30 Visits with You 2:00 Chocolate Cake Day! 2:00 Venture Out!- Leesburg Airport 3:00 Snack and Hydration 4:00 Puzzle Corner 6:00 Evening Virtual Concert</p>	<p>10:00 Get Fit with Bayada! 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 Animal News Now 11:30 Pondering Prompts 1:00 Creative Arts-Color by Numbers 1:00 Walking Club 1:30 Documentary(iN2L) 2:00 Badminton! 3:00 Snack and Hydration 4:00 Karaoke with Caroline! 6:00 The Dick Van Dyke Show</p>	<p>10:30 Cardio Drumming 10:30 Jump Rope Fun! 11:00 Daily Chronicle (iN2L) 11:30 Chinese New Year Trivia 12:00 In House Lunch-Panda Cafe for Chinese New Year 1:00 Walking Club 1:30 First Day of Chinese New Year! 1:30 Let's Explore-Calming Boxes 1:30 Visits with You 2:00 Chinese New Year Crafts 2:00 Reading with You 3:00 Snack and Hydration 4:00 Table Games 6:00 Evening Movie (iN2L)</p>	<p>10:30 Play Ball! 11:00 Daily Chronicle and Discussion 11:30 Winter Sensory Basket 11:30 Word Search and Crossword Puzzles 1:00 Creative Arts-Color a Penguin 1:00 Out and About 1:00 Walking Club 1:30 Visits with You 2:00 Bowling! 2:00 Reminiscing with Scents 3:30 Monthly Resident Birthday Celebration with Vince!-A Night in Hollywood 6:00 Bonanza</p>	<p>10:30 Music Making Moves! 10:30 Music Making Moves! 10:30 Stretchercise! 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 Caring for Our Indoor Garden 11:30 Fun and Games (iN2L) 1:00 Walking Club 1:30 Visits with You 2:00 Music Trivia 2:00 Taste of Lansdowne w/ Chef Juan: French Hot Chocolate 2:00 Venture Out!-Women's Group: Drinks at Dolce and Ciabatta (Hot Cocoa Day) 3:00 Friday Movie-Wonka 3:00 Hot Cocoa Bar! 6:00 Evening Virtual Concert</p>	<p>19520 Sandridge Way Leesburg, VA 20176 703-936-7300</p>