

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

 <p>LANSLOWNE HEIGHTS MEMORY CARE</p>	<p>1</p> <p>10:30 Music Making Moves! 10:30 Music Making Moves! 10:30 Outdoor Movement 11:00 Chronicle and a Cup of Joe 11:00 Daily Chronicle (iN2L) 11:00 Podcast-Amazing Wildlife 11:30 April Fool's Day Trivia and Jokes 11:30 Fun and Games (iN2L) 1:30 Explore the Outdoors 1:30 Venture Out!-Bles Park 2:00 Let's Travel-Suitcases Packed! 2:30 Let's Travel! (iN2L) 3:00 Snack and Hydration 4:00 Karaoke! 6:30 Evening Virtual Concert</p>	<p>2</p> <p>10:00 Get Fit with Bayada! 10:00 Visits with You 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:00 Podcast-The Jack Benny Program 11:30 Family Feud! 11:30 National Peanut Butter and Jelly Day 1:00 Community Walk 1:30 Scents and Light Music 2:00 My Hobbies 2:00 Pictionary 2:30 Spa Day-Hand Massages 3:00 Snack and Hydration 4:00 Outdoor Fun and Games 6:30 Classic TV</p>	<p>3</p> <p>10:00 Visits with You 10:30 Roll Away Ball 10:30 Roll Away Ball 10:30 Stretchercise! 11:00 Chronicle and a Cup of Joe 11:00 Daily Chronicle 11:30 Let's Get Talking-Conversation Starters 11:30 National Day of Hope-What Are You Hopeful For? 1:00 Our Garden 1:30 Empowering Environments 2:00 Fun and Games (iN2L) 2:00 Reading with You 3:00 Snack and Hydration 4:00 Cornhole! 6:30 Evening Movie</p>	<p>4</p> <p>10:00 A Visit with Shadow the Therapy Dog 10:30 Play Ball! 10:30 Play Ball! 11:00 Daily Chronicle and Discussion 11:00 Podcast-The Jack Benny Program 11:30 Expressions 11:30 Word Searches and Crossword Puzzles 1:00 Community Walk 1:30 Creative Arts 1:30 Match It! 2:00 Scents and Light Music 3:00 Snack and Hydration 4:00 Volleyball! 6:30 Classic TV</p>	<p>5</p> <p>10:00 Visits with You 10:30 Cardio Drumming 10:30 Music Making Moves! 10:30 Music Making Moves! 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:00 Podcast-In Our Time 11:30 Read a Road Map Day 12:00 Venture Out- Lunch at Moby Dick House of Kabob (Arab American Heritage Month) 1:00 Neurosound Music Therapy 2:00 Jonah-Piano 3:00 Snack and Hydration 3:30 Friday Movie 6:30 Evening Virtual Concert</p>	<p>6</p> <p>10:00 Visits with You 10:30 Spiro Fitness-iN2L 10:30 Spiro Fitness-iN2L 10:30 Yoga 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 ✨ Sensory Saturday: Hand Massages [AA] 1:00 Noodle Ball 1:30 Let's Travel! (iN2L) 2:00 Live Music with Daryl [AA] 3:00 Movie Saturday 3:00 Snack and Hydration 4:00 ❤️ Color Me Calm [AA]</p>			
<p>7</p> <p>10:00 Music and the Spoken Word 10:00 Visits with You 10:30 Let's Stretch! 10:30 Parachute Fun! 10:30 Parachute Fun! 11:00 Daily Chronicle (iN2L)-with Music and Videos 11:00 Daily Chronicle and Discussion 11:30 Guess Who? 1:00 Community Walk 1:00 Explore Our Library 1:30 National Beer Day-Happy Hour 2:30 Volleyball! 3:00 Snack and Hydration 4:00 Puzzle Corner 6:30 Evening Movie</p>	<p>8</p> <p>10:30 Play Ball! 11:00 Daily Chronicle (iN2L) 11:30 Trivia Challenge! 1:00 A Visit with Red the Therapy Dog 1:30 Explore the Outdoors 2:00 Let's Travel-Suitcases Packed! 2:30 Let's Travel! (iN2L) 2:30 Live Music and Dancing with Zenon 3:30 Afternoon Movie 3:30 Snack and Hydration 6:30 Evening Virtual Concert</p>	<p>9</p> <p>10:00 Get Fit with Bayada! 10:00 Visits with You 11:00 Daily Chronicle (iN2L) 11:30 Family Feud! 1:00 Creative Arts 2:00 Pictionary 2:00 Scents and Light Music 3:00 Snack and Hydration 4:00 Live Music with Vince! 6:30 Classic TV</p>	<p>10</p> <p>10:00 Visits with You 10:30 Roll Away Ball 10:30 Roll Away Ball 10:30 Stretchercise! 11:00 Chronicle and a Cup of Joe 11:00 Daily Chronicle 11:30 Let's Get Talking-Conversation Starters 11:30 Trivia Challenge and Videos-Eid al-Fitr 12:00 In House Lunch w/ a Manager-Emily/My Favorites 1:00 Our Garden 1:30 Let's Explore-Calmng Boxes 1:30 Out and About 2:00 Live Music & Dancing with Daryl [AA] 3:00 Snack and Hydration 4:00 Sibling Day-Letters to Siblings 6:30 Evening Movie</p>	<p>11</p> <p>10:00 Visits with You 10:30 Play Ball! 10:30 Wave Your Baton 10:30 Daily Chronicle and Discussion 11:00 Podcast-The Jack Benny Program 11:30 Expressions 11:30 Trivia-National Pet Day and Reminiscing 1:00 Community Walk 1:30 Creative Arts 1:30 Empowering Environments 2:00 Empowering Environments 2:00 Out and About 2:00 Reading with You-Marley and Me 3:00 Snack and Hydration 4:00 Volleyball! 6:30 Classic TV</p>	<p>12</p> <p>10:00 Visits with You 10:30 Cardio Drumming 10:30 Music Making Moves! 10:30 Music Making Moves! 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:00 Podcast-In Our Time 11:30 D.E.A.R-Drop Everything and Read Day (Exploring Our Library) 11:30 Fun and Games (iN2L) 12:00 Venture Out-South Street Under 1:00 Neurosound Music Therapy 2:00 Jonah-Piano 2:00 Taste of Lansdowne with Chef Juan 3:00 Snack and Hydration 3:30 Friday Movie 6:30 Evening Virtual Concert</p>	<p>13</p> <p>10:00 Visits with You 10:30 Spiro Fitness-iN2L 10:30 Spiro Fitness-iN2L 10:30 Yoga 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 Fun and Games (iN2L) 11:30 Pictionary 1:00 Car Show at DC Prime 1:00 Scrabble Day!- Word and Board Games 1:30 Let's Travel! (iN2L) 2:00 Music Therapy with Ray Leone 3:00 Movie Saturday 3:00 Snack and Hydration 4:00 ❤️ Color Me Calm [AA] 6:30 Evening Movie</p>			
<p>14</p> <p>10:00 Music and the Spoken Word 10:00 Visits with You 10:30 Let's Stretch! 10:30 Parachute Fun! 10:30 Parachute Fun! 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 Guess Who? 1:00 National Gardening Day-Flowers and Reminiscing 1:30 Explore Our Library 1:30 Motown Concert with Darryl! 1:30 Reading with You 2:00 BINGO! 2:45 Kev's Gym 3:30 Snack and Hydration 4:00 Puzzle Corner 6:30 Evening Movie</p>	<p>15</p> <p>10:00 Visits with You 10:30 Music Making Moves! 10:30 Music Making Moves! 10:30 Outdoor Movement 11:00 Chronicle and a Cup of Joe 11:00 Daily Chronicle (iN2L) 11:00 Podcast-Amazing Wildlife 11:30 Fun and Games (iN2L) 11:30 Trivia Challenge! 1:00 Community Walk 1:30 Creative Arts-World Art Day 1:30 Tour of the National Gallery of Art 1:30 Venture Out!-Algonkian Park 2:30 Let's Travel! (iN2L) 3:00 Snack and Hydration 4:00 Karaoke! 6:30 Evening Virtual Concert</p>	<p>16</p> <p>10:00 Get Fit with Bayada! 10:00 Visits with You 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 Podcast-The Jack Benny Program 11:30 Calming Boxes 1:00 Community Walk 1:00 Creative Arts 1:30 Scents and Light Music 2:00 My Hobbies 2:00 National Orchid Day-Flower Trivia and Planting Our Orchids 2:30 Spa Day-Hand Massages 3:00 Snack and Hydration 4:00 Outdoor Fun and Games 6:30 Classic TV</p>	<p>17</p> <p>10:00 Visits with You 10:30 Roll Away Ball 10:30 Roll Away Ball 10:30 Stretchercise! 11:00 Live Music with Eric 1:00 Our Garden 1:30 Empowering Environments 1:30 Let's Explore-Calmng Boxes 2:00 Fun and Games (iN2L) 2:00 One Thousand and One Journeys- Documentary 2:00 Reading with You 3:00 Snack and Hydration 4:00 Cornhole! 6:30 Evening Movie</p>	<p>18</p> <p>10:00 A Visit with Shadow the Therapy Dog 10:30 Play Ball! 10:30 Play Ball! 11:00 Daily Chronicle and Discussion 11:00 Podcast-The Jack Benny Program 11:30 Expressions 11:30 Word Searches and Crossword Puzzles 1:00 Community Walk 1:30 Creative Arts-Pinata Day 1:30 Match It! 2:00 Reminiscing with Scents 3:00 Afternoon Tea 4:00 Volleyball! 6:30 Classic TV</p>	<p>19</p> <p>10:00 Visits with You 10:30 Music Making Moves! 10:30 Music Making Moves! 10:30 Wave Your Wand 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:00 Podcast-In Our Time 11:30 Fun and Games (iN2L) 11:30 Let's Get Talking-Conversation Starters 1:00 Neurosound Music Therapy 1:30 Venture Out-Bear's Chase 2:00 Fix It Fridays with Chris 2:00 Jonah-Piano 3:00 Snack and Hydration 3:30 Friday Movie 4:00 National Poker Day-Games and Videos 6:30 Evening Virtual Concert</p>	<p>20</p> <p>10:00 Visits with You 10:30 Spiro Fitness-iN2L 10:30 Spiro Fitness-iN2L 10:30 Yoga 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 Fun and Games (iN2L) 11:30 Pictionary 11:30 ✨ Sensory Saturday: Hand Massages [AA] 1:00 Community Walk 1:30 Let's Travel! (iN2L) 1:30 Sensory Exploration 2:00 Live Music & Dancing with Daryl [AA] 3:00 Movie Saturday 3:00 Snack and Hydration 4:00 ❤️ Color Me Calm [AA] 6:30 Evening Movie</p>			
<p>21</p> <p>10:00 Music and the Spoken Word 10:00 Visits with You 10:30 Let's Stretch! 10:30 Parachute Fun! 10:30 Parachute Fun! 11:00 Daily Chronicle (iN2L)-with Music and Videos 11:00 Daily Chronicle and Discussion 11:30 Guess Who? 1:00 Crafty Corner 1:30 Explore Our Library 1:30 Reading with You 2:00 Volleyball! 3:00 Snack and Hydration 4:00 Live Music with Vince! 6:30 Evening Movie</p>	<p>22</p> <p>10:00 A Visit with Red the Therapy Dog 10:30 Music Making Moves! 10:30 Music Making Moves! 10:30 Outdoor Movement 11:00 Chronicle and a Cup of Joe 11:00 Daily Chronicle (iN2L) 11:00 Podcast-Amazing Wildlife 11:30 Calming Boxes 11:30 Trivia Challenge!-First Day of Passover 1:00 Out and About-Happy Earth Day! 1:00 Venture Out!-Great Falls 1:30 Explore the Outdoors 2:00 Let's Travel-Suitcases Packed! 2:30 Let's Travel! (iN2L) 3:00 Snack and Hydration 4:00 Karaoke! 6:30 Evening Virtual Concert</p>	<p>23</p> <p>10:00 Get Fit with Bayada! 10:00 Visits with You 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:00 Podcast-The Jack Benny Program 11:30 Family Feud! 11:30 Passover Trivia and Videos 1:00 Community Walk 1:00 Creative Arts 1:30 Creative Arts 1:30 Let's Travel! (iN2L) 2:30 Sensory Baking-Banana Bread 3:00 Snack and Hydration 4:00 Outdoor Fun and Games 6:30 Classic TV</p>	<p>24</p> <p>10:00 Visits with You 10:30 Roll Away Ball 10:30 Roll Away Ball 10:30 Stretchercise! 11:00 Daily Chronicle 11:30 Name that Tune! 12:00 In House Lunch Bunch-My Favorites 1:00 Our Garden 1:30 Empowering Environments 1:30 Let's Explore-Calmng Boxes 2:00 Documentary-A Thousand and One Journeys: The Arab Americans 2:00 Pigs in a Blanket Day-Sensory Cooking 3:00 Snack and Hydration 4:00 Cornhole! 6:30 Evening Movie</p>	<p>25</p> <p>10:00 Visits with You 10:30 Play Ball! 10:30 Play Ball! 11:00 Daily Chronicle and Discussion 11:00 Podcast-The Jack Benny Program 11:30 Expressions 11:30 Word Searches and Crossword Puzzles 1:00 National Penguin Day-Trivia and Meet Our Penguin 1:30 Match It! 2:00 Empowering Environments 2:00 Out and About 3:00 Snack and Hydration 3:30 Monthly Resident Birthday Celebration-Ice Cream Social featuring Live Music with Darryl 4:00 Volleyball! 6:30 Classic TV</p>	<p>26</p> <p>10:00 Visits with You 10:30 Music Making Moves! 10:30 Music Making Moves! 10:30 Wave Your Wand 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:00 Podcast-In Our Time 11:30 Fun and Games (iN2L) 11:30 Let's Get Talking-Conversation Starters 1:00 Neurosound Music Therapy 1:30 Venture Out-Auntie Anne's (National Pretzel Day) 2:00 Jonah-Piano 2:30 Taste of Lansdowne with Chef Silvia 3:00 Snack and Hydration 3:30 Friday Movie 6:30 Evening Virtual Concert</p>	<p>27</p> <p>10:00 Visits with You 10:30 Spiro Fitness-iN2L 10:30 Spiro Fitness-iN2L 10:30 Yoga 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 Fun and Games (iN2L) 11:30 Pictionary 1:00 Community Walk 1:30 Let's Travel! (iN2L) 1:30 Sensory Exploration 2:00 Noodle Ball 3:00 Movie Saturday 3:00 Snack and Hydration 4:00 ❤️ Color Me Calm [AA] 6:30 Evening Movie</p>			
<p>28</p> <p>10:00 Music and the Spoken Word 10:00 Visits with You 10:30 Let's Stretch! 10:30 Parachute Fun! 10:30 Parachute Fun! 11:00 Daily Chronicle (iN2L) 11:00 Daily Chronicle and Discussion 11:30 Who's Your Favorite Superhero-National Superhero Day 1:30 Explore Our Library 1:30 Reading with You 2:00 BINGO! 2:45 Kev's Gym 3:30 Snack and Hydration 4:00 Live Music with Vince! 6:30 Evening Movie</p>	<p>29</p> <p>10:00 Visits with You 10:30 Music Making Moves! 10:30 Music Making Moves! 10:30 Outdoor Movement 11:00 Chronicle and a Cup of Joe 11:00 Daily Chronicle (iN2L) 11:00 Podcast-Amazing Wildlife 11:30 Fun and Games (iN2L) 11:30 Trivia Challenge! 1:30 Explore the Outdoors 1:30 Venture Out!-Bles Park 2:00 Let's Travel-Suitcases Packed! 2:30 Big Bucks Bingo iN2L 3:00 Snack and Hydration 4:00 Karaoke! 6:30 Evening Virtual Concert</p>	<p>30</p> <p>10:00 Get Fit with Bayada! 10:00 Visits with You 11:00 Live Music with Eric 1:00 Community Walk 1:00 Creative Arts 1:30 Scents and Light Music 2:00 My Hobbies 2:00 Pictionary 2:30 Sensory Baking-Muffins 3:00 Snack and Hydration 4:00 Outdoor Fun and Games 6:30 Classic TV</p>	<p>Activity Groups Red(Community) Green(Early Stage) Orange(Middle Stage) Blue(Late Stage) Venture Out</p>		<p>Resident Birthdays Cynthia Norman-April 3rd Charlie Acker/Richard Goode-April 26th</p>		<p>19520 Sandridge Way Leesburg, VA 20176 703-936-7300</p>		 <p>LANSLOWNE HEIGHTS MEMORY CARE</p>