September 2023 **Daytime Activities** Sunday Monday Tuesday Wednesday Thursdav September Birthdays Activity Groups Educational Location Keys Emotional Betsy B September 4 Red (Community) Servironmental AA 19520 Sandridge Way Activity Area Vicki V September 9 **F** Fitness Orange (Early Stage) LANSDOWNE HEIGHT Leesburg, VA 20176 Intellectual CC Cardinal Cafe Henry R September 20 Green (Middle Stage) **Nutrition** 703-936-7300 LH Community H Physical Blue (Late Stage) ¥ Purposeful Dogwood Cafe DC Spiritual C Labor Day 9:30 🐵 Virtual Church Service 0:00 🟉 Nature Talk Recreation 5 0:00 / Nature Talk Recreation Led 0:00 🥭 Nature Talk Recreation Led [AA] (Catholic) [CC] Led [AA] 0:00 / Nature Talk Recreation O 00.0 Painting (small group) F Morning Movement [AA] 10:00 💩 Virtual Church Service Led [AA] F Morning Movement 0 E Morning Movement [AA] Morning Movement [AA] 1:00 Daily Chronicle (Non-Denominational) 0:30 [AA] :00 Daily Chronicle Alphabet Soup A-Z [AA] 1.00 Daily Chronicle 1:00 Daily Chronicle :30 🧧 Trivia Challenge (iN2L) [AA] :30 🔳 Trivia Challenge (iN2L) [AA] Lunch 10:30 🖶 Morning Workout [AA] 1:30 Ø Alphabet Soup A-Z [AA] :00 💾 Lunch 1:00 1:1 Relaxation (LH) 11:00 Daily Chronicle 2:00 H Lunch 1:00 1:1 Relaxation (LH) 2:00 💾 Lunch 2:00 Cardio Drumming 1:00 1:1 Relaxation (LH) 1:00 ¥ 1:1/Relaxation/Gardening [LH 2:00 Lunch **Big Bucks Bingo IN2L** 3:00 Snack Attack [LH] 2:00 Live Music & Dancing with Daryl [AA] 2:00 1:30 🖶 Community Walk [AA] 3:00 Small Group/Brain games 4:00 Karaoke Sing-Along with Susie Q (IN2 3:00 Snack Attack [LH] Brain Games 2:00 @ BINGO! [AA] 2:30 Snack Attack [LH] 3:00 3.00 Wild Art Wednesday Snack Attack [LH] 4:30 Puzzles 3:00 Karaoke Sing-Along with Susion 4:00 4:00 Chair VolleyBALL for ALL 4:00 Live Music and Dancing with Jeffrey Dinner [DC] 3:00 Puzzle Corner (IN2L) Music Break 6:00 🔮 Evening News [AA] Levin 4:30 3:00 Snack Attack [LH] 5:00 M Dinner [DC] Puzzles 5:00 👖 Dinner [DC] Wheel of Fortune/Jeopardy 7:00 6:00 🝳 Evening News [AA] 4:00 Ladder Ball 5:00 Dinner [DC] 6:00 Sevening News [AA] :00 Vheel of Fortune/Jeopardy [AA] 5:00 M Dinner [DC] 6:00 Sevening News [AA] 7:00 Wheel of Fortune/Jeopardy Tropical Day National Assisted Living Grandparents' Day Barbie Day National Assisted Living Patriotic Dav **Assisted Living Day National** 0 3 Assisted Living Week 9:30 🛞 Virtual Church Service Sports Day National Assisted 0:00 🧧 Nature Talk Recreation Led 0:00 / Nature Talk Recreation Led (Catholic) [CC] Living Week 0:00 A Nature Talk Recreation [AA] 10:00 🦀 Virtual Church Service 0:00 🔳 Nature Talk Recreation Led [AA] F Morning Movement [AA] Painting (small group) :00 (Non-Denominational) [AA]) F Morning Movement [AA] Led [AA] Daily Chronicle 30 🖪 Morning Movement [AA] 10:30 🖶 Morning Workout [AA] 0:30 Morning Movement Volleyball [AA] 1:00 Daily Chronicle Alphabet Soup A-Z [AA] :00 Daily Chronicle 1:30 g Alphabet Soup A-Z [AA] 11.00 Daily Chronicle 1:00 Daily Chronicle 1:30 🔳 Trivia Challenge (iN2L) [AA] ۳٩ 2:00 Lunch 1:30 / Sports Trivia Challenge (iN2L) [AA] 1:1 Relaxation (LH) 2:00 H Lunch :00 🍟 Lunch 1:00 1:30 + Community Walk [AA] 1:00 ¥ 1:1/Relaxation/Gardening [LH] 2:00 📲 Merri Davis Art Therapy Lunch 2:00 1:1 Relaxation (LH) 2:00 😨 BINGO! [AA] 1:00 1:00 1:1 Relaxation (LH) 2:00 Small Groups 2:00 Get Fit with Bayada 3:00 Mario Kart Live Music & Dancing with Daryl [AA] 2:00 2:30 Small Groups Small Group/Brain games Live Music and Dancing with Zenon 3:00 2:00 Snack Attack [LH] 2:00 Live Music & Dancing with Daryl [AA] 3:00 Puzzle Corner 3:00 Snack Attack [LH] 3.00 Snack Attack [LH] Karaoke Sing-Along with Susie Q (IN2L) 4:00 3:00 Snack Attack [LH] 4:00 3.00 Snack Attack [LH] 3:30 Bia Bucks Binao Karaoke Sing-Along with Susie C 4:00 Chair VolleyBALL for ALL 4:30 Puzzles 4:00 Ladder Ball 4:30 Puzzles 5:00 👖 Dinner [DC]) ¥9 Dinner [DC] 5:00 🖞 Dinner [DC] 6:00 🔇 Evening News [AA] 5:00 M Dinner [DC] Evening News [AA] 5:00 Dinner [DC] Wheel of Fortune/Jeopardy 6:00 🔇 Evening News [AA] 7:00 6:00 😧 Evening News [AA] :00 Wheel of Fortune/Jeopardv 0:00 / Nature Talk Recreation itizenship Day :00 🥭 Nature Talk Recreation 0:00 🟉 Nature Talk Recreation :00 🔎 Nature Talk 8 20 September 10 Grandparent's Day 9 9:30 🦀 Virtual Church Service Led [AA] Recreation Led [AA] Led [AA] Led [AA] Ζ F Morning Movement [AA] F Morning Movement [AA] (Catholic) [CC] .00 Painting (small group) 0:30 Morning Movement September 28 Monthly Birthdays Celebration 0:00 🐵 Virtual Church Service (Non-1:00 Daily Chronicle) 🖪 Morning Movement [AA] 1:00 Daily Chronicle [ΔΔ] Denominational) [AA] Q Alphabet Soup A-Z [AA] Daily Chronicle 1:30 Ø Alphabet Soup A-Z [AA] 0:30 🕶 Morning Workout [AA] 11:00 Daily Chronicle 1:30 🔳 Trivia Challenge (iN2L) [AA] 2:00 💾 Lunch Ψſ inch Daily Chronicle 11:30 🔳 Trivia Challenge (iN2L) [AA] 1:1 Relaxation (LH) 1:00 ¥ 1:1/Relaxation [LH] 1:00 2:00 🍟 Lunch D III Lunch 2:00 🍟 Lunch Small Groups 2:00 Get Fit with Bayada 2:00 1:30 🖶 Community Walk [AA] 1:00 Relaxation 0 🙀 BINGO! [AA] Snack Attack [LH] 1:00 1:1 Relaxation (LH) Small Group/Brain games 3:00 3:00 Big Bucks Bingo IN2L Small Groups 2:00 Karaoke Sing-Along with Susie Q (IN2L Live Music & Dancing with Daryl [AA] Snack Attack [LH] 4:00 2:00 3:00 3:00 Snack Attack [LH] Puzzles 3:00 Snack Attack [LH] 4:00 Karaoke Sing-Along with Susie Q Puzzle Corner 4:00 Chair VolleyBALL for ALL 4:30 Puzzles 00 4:00 Live Music and Dancing with 5:00 🍟 Dinner [DC] Snack Attack [LH] :00 6:00 S Evening News [AA] Music Break 5:00 Dinner [DC] Jeffrey Levin Ladder Ball 7:00 Wheel of Fortune/Jeopardy 5:00 M Dinner [DC] 6:00 Sevening News [AA] 5:00 🍟 Dinner [DC] :00 M Dinner [DC] :00 🔇 Evening News [AA] 6:00 Sevening News [AA] 7:00 T Wheel of Fortune/Jeopardy [AA] 7:00 Wheel of Fortune/Jeopardy 19520 Sandridge Way :00 🥭 Nature Talk Recreation 9:30 🦀 Virtual Church Service 0:00 🧧 Nature Talk Recreatior 25):00 🟉 Nature Talk Recreation 0:00 🧧 Nature Talk Recreation 0 Led [AA] Led [AA] 26 Led [AA] Led [AA] (Catholic) [CC] Ζ4 Leesburg, VA 20176 10:00 🦀 Virtual Church Service 0.30 Morning Movement [AA] F Morning Movement [AA] 00 Painting (small group) F Morning Movement [AA] Daily Chronicle 1:00 Eric Highsmith) F Morning Movement [AA] 1:00 Daily Chronicle 1:00 (Non-Denominational) 1:30 🧧 Trivia Challenge (iN2L) [AA] Alphabet Soup A-Z [AA] 1:30 😨 Alphabet Soup A-Z [AA] ΓΑΑΊ .00 Daily Chronicle 703-936-7300 :30 🟉 Trivia Challenge (iN2L) [AA] 10:30 🖶 Morning Workout [AA] :00 👖 Lunch Ψſ unch :00 🖤 Lunch Big Bucks Bingo IN2L 1:00 ¥ 1:1/Relaxation [LH] 1:1 Relaxation (LH) 2:00 1:00 2:00 H Lunch 11:00 Daily Chronicle Small Groups 2:00 Get Fit with Bavada 2.00 Brain Games 1:00 1:1 Relaxation (LH) 12:00 💾 Lunch 2.00 Snack Attack [LH] 2:00 Small Groups 3:00 2:00 Small Groups 1:30 🖶 Community Walk [AA] Activities are subject to Karaoke Sing-Along with Susie Q (IN2L Monthly Resident Birthday Celeb 3.00 Snack Attack [I H] 4:00 2:00 Live Music & Dancing with Daryl [AA] 3:00 2:00 Ø BINGO! 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	Friday	Saturday
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7 H]	10:00 Nature Talk Recreation Led [AA] 8 10:30 Morning Movement [AA] 11:00 11:00 Daily Chronicle 11:10 11:30 Big Bucks Bingo 11:10 11:30 Trivia Challenge (iN2L) [AA] 12:00 12:00 Lunch 11:1/Relaxation [LH] 1:00 Veurosound Music Therapy 2:00 2:00 Small Groups 3:00 3:00 Small Groups 3:00 3:30 Friday Movie 4:30 4:30 Small group brain games 5:00 5:00 Dinner [DC] 6:00 6:00 Evening News [AA] 100	10:00 Weekend News [AA] 9 10:30 Morning Movement [AA] 9 11:00 Daily Chronicle 9 11:30 Sensory Saturday: Reminiscing with Scents [AA] 9 12:00 Lunch 9 1:30 Community Walk [AA] 9 2:00 Noodle Ball 2:30 Trivia Son Movie Saturday 3:00 Snack Attack [LH] 4:00 Color Me Calm [AA] 5:00 M Dinner [DC] 6:00 Evening News [AA] 11:00 Evening News [AA]
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