

May 2023 Daytime Activities

created with 

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

May Birthdays May 1 Lillie Dean Ford May 15 James Wyn May 16 George Bud Reed May 18 Larry Entis May 22 Cindy Zappone May 31 Joseph Vankoski	Activity Groups Red (Community) Orange (Early Stage) Green (Middle Stage) Blue (Late Stage)	10:30 Morning Movement [AA] 10:30 Nature Talk Recreation Led [AA] 11:00 Daily Chronicle [AA] 11:30 Trivia Challenge (iN2L) [AA] 12:00 Lunch 1:00 Monday Movie Matinee 1:00 Small Groups 2:00 Big Bucks Bingo IN2L 3:00 Snack Attack [LH] 4:00 Jeffrey Levin Music 5:00 Dinner [DC] 6:00 Evening News [AA] 7:00 Wheel of Fortune/Jeopardy	10:00 Morning Movement [AA] 10:30 Nature Talk Recreation Led [AA] 11:00 Daily Chronicle [AA] 11:30 Alphabet Soup A-Z [AA] 12:00 Lunch 1:00 1:1 Relaxation (LH) 1:00 Tie Dye 2:00 Cardio Drumming 3:00 Snack Attack [LH] 4:00 Karaoke Sing-Along with Susie Q (iN2L) 4:30 Puzzles 5:00 Dinner [DC] 6:00 Evening News [AA] 7:00 Wheel of Fortune/Jeopardy	10:00 Morning Movement [AA] 10:30 Painting (small group) 10:30 Nature Talk Recreation Led [AA] 11:00 Daily Chronicle [AA] 11:15 Bake Cookies 11:30 Trivia Challenge (iN2L) [AA] 12:00 Lunch 1:00 1:1 Relaxation (LH) 1:00 Small Groups 1:00 Van Ride 2:00 Live Music & Dancing with Daryl [AA] 3:00 Snack Attack [LH] 3:00 Wild Art Wednesday 4:00 Chair VolleyBALL for ALL 4:30 Music Break 5:00 Dinner [DC] 6:00 Evening News [AA] 7:00 Wheel of Fortune/Jeopardy [AA]	10:00 Morning Movement [AA] 10:30 Nature Talk Recreation Led [AA] 11:00 Daily Chronicle [AA] 11:30 Alphabet Soup A-Z [AA] 12:00 Lunch 1:00 1:1/Relaxation/Gardening [LH] 1:00 Small Groups 2:00 Get Fit with Bayada [AA] 3:00 Small Group/Brain games 3:00 Snack Attack [LH] 3:30 Zoo to You 4:00 Karaoke Sing-Along with Susie Q (iN2L) 4:30 Puzzles 5:00 Dinner [DC] 6:00 Evening News [AA]	10:00 Morning Movement [AA] 10:00 Picture Detective Small Group 10:30 Nature Talk Recreation Led [AA] 11:00 Big Bucks Bingo 11:00 Daily Chronicle [AA] 11:30 Trivia Challenge (iN2L) [AA] 12:00 Lunch 1:00 1:1/Relaxation [LH] 1:00 Cinco De Mayo Party 2:00 Willy the Piano guy play 3:00 Snack Attack [LH] 3:30 Friday Movie 4:30 Music Break 5:00 Dinner [DC] 6:00 Evening News [AA]	10:00 Morning Movement [AA] 10:00 Weekend News [AA] 10:30 Weekend News [AA] 11:00 Daily Chronicle [AA] 11:30 Sensory Saturday: Reminiscing with Scents [AA] 12:00 Lunch 1:30 Community Walk [AA] 2:00 Noodle Ball 2:30 Trivia 3:00 Movie Saturday 3:00 Snack Attack [LH] 4:00 Color Me Calm: New Year's Edition [AA] 5:00 Dinner [DC] 6:00 Evening News [AA]	
	9:30 Virtual Church Service (Catholic) [CC] 10:00 Virtual Church Service (Non-Denominational) [AA] 10:30 Morning Workout [AA] 11:00 Daily Chronicle [AA] 12:00 Lunch 1:00 Small Groups 1:30 Community Walk [AA] 2:00 BINGO! [AA] 2:45 Kev's Gym: Yoga [AA] 3:00 Puzzle Corner 3:00 Snack Attack [LH] 3:30 Mother's day Tea with Vince 4:00 Ladder Ball 5:00 Dinner [DC]	7 10:30 Morning Movement [AA] 10:30 Nature Talk Recreation Led [AA] 11:00 Daily Chronicle [AA] 11:30 Trivia Challenge (iN2L) [AA] 12:00 Lunch 1:00 1:1 Relaxation (LH) 1:00 Monday Movie Matinee 1:00 Small Groups 2:00 Big Bucks Bingo IN2L 2:30 Live Music and Dancing with Zenon 3:00 Snack Attack [LH] 5:00 Dinner [DC] 6:00 Evening News [AA] 7:00 Wheel of Fortune/Jeopardy	8 10:30 Morning Movement [AA] 10:30 Nature Talk Recreation Led [AA] 11:00 Daily Chronicle [AA] 11:30 Alphabet Soup A-Z [AA] 12:00 Lunch 1:00 1:1 Relaxation (LH) 1:00 Neurosound Music Therapy 1:00 Small Groups 2:00 Cardio Drumming 3:00 Snack Attack [LH] 4:00 Karaoke Sing-Along with Susie Q (iN2L) 4:30 Puzzles 5:00 Dinner [DC] 6:00 Evening News [AA] 7:00 Wheel of Fortune/Jeopardy	9 10:00 Morning Movement [AA] 10:30 Nature Talk Recreation Led [AA] 11:00 Daily Chronicle [AA] 11:30 Alphabet Soup A-Z [AA] 12:00 Lunch 1:00 1:1 Relaxation (LH) 1:00 Small Groups 1:00 Van Ride 2:00 Live Music & Dancing with Daryl [AA] 3:00 Snack Attack [LH] 4:00 Chair VolleyBALL for ALL 4:30 Music Break 5:00 Dinner [DC] 6:00 Evening News [AA] 7:00 Wheel of Fortune/Jeopardy [AA]	10 10:00 Morning Movement [AA] 10:30 Nature Talk Recreation Led [AA] 11:00 Daily Chronicle [AA] 11:15 Bake Cookies 11:30 Trivia Challenge (iN2L) [AA] 12:00 Lunch 1:00 1:1 Relaxation (LH) 1:00 Small Groups 1:00 Van Ride 2:00 Get Fit with Bayada [AA] 3:00 Small Group/Brain games 3:00 Snack Attack [LH] 4:00 Karaoke Sing-Along with Susie Q (iN2L) 4:30 Puzzles 5:00 Dinner [DC] 6:00 Evening News [AA]	11 10:00 Morning Movement [AA] 10:30 Nature Talk Recreation Led [AA] 11:00 Daily Chronicle [AA] 11:30 Alphabet Soup A-Z [AA] 12:00 Lunch 1:00 1:1/Relaxation [LH] 1:00 1:1/Relaxation/Gardening [LH] 1:00 Small Groups 2:00 Get Fit with Bayada [AA] 3:00 Small Group/Brain games 3:00 Snack Attack [LH] 4:00 Karaoke Sing-Along with Susie Q (iN2L) 4:30 Puzzles 5:00 Dinner [DC] 6:00 Evening News [AA]	12 10:00 Morning Movement [AA] 10:00 Picture Detective Small Group 10:30 Nature Talk Recreation Led [AA] 11:00 Big Bucks Bingo 11:00 Daily Chronicle [AA] 11:30 Trivia Challenge (iN2L) [AA] 12:00 Lunch 1:00 1:1/Relaxation [LH] 1:00 Neurosound Music Therapy 1:00 Small Groups 2:00 Willy the Piano guy play 3:00 Snack Attack [LH] 3:30 Friday Movie 4:30 Music Break 5:00 Dinner [DC] 6:00 Evening News [AA]	13 10:00 Morning Movement [AA] 10:00 Weekend News [AA] 10:30 Weekend News [AA] 11:00 Daily Chronicle [AA] 11:30 Sensory Saturday: Reminiscing with Scents [AA] 12:00 Lunch 1:00 Small Groups 1:30 Community Walk [AA] 2:00 Noodle Ball 2:30 Trivia 3:00 Movie Saturday 3:00 Snack Attack [LH] 4:00 Color Me Calm: New Year's Edition [AA] 5:00 Dinner [DC] 6:00 Evening News [AA]
	9:30 Virtual Church Service (Catholic) [CC] 10:00 Virtual Church Service (Non-Denominational) [AA] 10:30 Morning Workout [AA] 11:00 Daily Chronicle [AA] 12:00 Lunch 1:00 Small Groups 1:30 Community Walk [AA] 2:00 Painting and Mimosas Mothers Day [AA] 3:00 Puzzle Corner 3:00 Snack Attack [LH] 4:00 Ladder Ball 5:00 Dinner [DC]	14 10:30 Morning Movement [AA] 10:30 Nature Talk Recreation Led [AA] 11:00 Daily Chronicle [AA] 11:30 Trivia Challenge (iN2L) [AA] 12:00 Lunch 1:00 1:1 Relaxation (LH) 1:00 Monday Movie Matinee 1:00 Small Groups 2:00 Big Bucks Bingo IN2L 3:00 Snack Attack [LH] 4:00 Live Music and Dancing with Jeffrey Levin 5:00 Dinner [DC] 6:00 Evening News [AA] 7:00 Wheel of Fortune/Jeopardy	15 10:30 Morning Movement [AA] 10:30 Nature Talk Recreation Led [AA] 11:00 Daily Chronicle [AA] 11:30 Alphabet Soup A-Z [AA] 12:00 Lunch 1:00 1:1 Relaxation (LH) 1:00 Small Groups 2:00 Cardio Drumming 3:00 Snack Attack [LH] 4:00 Karaoke Sing-Along with Susie Q (iN2L) 4:30 Puzzles 5:00 Dinner [DC] 6:00 Evening News [AA] 7:00 Wheel of Fortune/Jeopardy	16 10:00 Morning Movement [AA] 10:30 Nature Talk Recreation Led [AA] 11:00 Daily Chronicle [AA] 11:30 Alphabet Soup A-Z [AA] 12:00 Lunch 1:00 1:1 Relaxation (LH) 1:00 Small Groups 1:00 Van Ride 2:00 Live Music & Dancing with Daryl [AA] 3:00 Snack Attack [LH] 4:00 Chair VolleyBALL for ALL 4:30 Music Break 5:00 Dinner [DC] 6:00 Evening News [AA] 7:00 Wheel of Fortune/Jeopardy [AA]	17 10:00 Morning Movement [AA] 10:30 Nature Talk Recreation Led [AA] 11:00 Daily Chronicle [AA] 11:15 Bake Cookies 11:30 Trivia Challenge (iN2L) [AA] 12:00 Lunch 1:00 1:1 Relaxation (LH) 1:00 Small Groups 1:00 Van Ride 2:00 Get Fit with Bayada [AA] 3:00 Small Group/Brain games 3:00 Snack Attack [LH] 4:00 Karaoke Sing-Along with Susie Q (iN2L) 4:30 Puzzles 5:00 Dinner [DC] 6:00 Evening News [AA]	18 10:00 Morning Movement [AA] 10:30 Nature Talk Recreation Led [AA] 11:00 Daily Chronicle [AA] 11:30 Alphabet Soup A-Z [AA] 12:00 Lunch 1:00 1:1/Relaxation/Gardening [LH] 1:00 Small Groups 2:00 Get Fit with Bayada [AA] 3:00 Small Group/Brain games 3:00 Snack Attack [LH] 4:00 Karaoke Sing-Along with Susie Q (iN2L) 4:30 Puzzles 5:00 Dinner [DC] 6:00 Evening News [AA]	19 10:00 Morning Movement [AA] 10:00 Picture Detective Small Group 10:30 Nature Talk Recreation Led [AA] 11:00 Big Bucks Bingo 11:00 Daily Chronicle [AA] 11:30 Trivia Challenge (iN2L) [AA] 12:00 Lunch 1:00 1:1/Relaxation [LH] 1:00 Neurosound Music Therapy 1:00 Small Groups 2:00 Willy the Piano guy play 3:00 Snack Attack [LH] 3:30 Friday Movie 4:30 Music Break 5:00 Dinner [DC] 6:00 Evening News [AA]	20 10:00 Morning Movement [AA] 10:00 Weekend News [AA] 10:30 Weekend News [AA] 11:00 Daily Chronicle [AA] 11:30 Sensory Saturday: Reminiscing with Scents [AA] 12:00 Lunch 1:00 Small Groups 1:30 Community Walk [AA] 2:00 Noodle Ball 2:30 Trivia 3:00 Movie Saturday 3:00 Snack Attack [LH] 4:00 Color Me Calm: New Year's Edition [AA] 5:00 Dinner [DC] 6:00 Evening News [AA]
	May 4 Zoo to You May 5 Cinco De Mayo Party May 7 Mother's Day Tea May 14 Mother's Day Painting and Mimosas May 29 Memorial Day	21 9:30 Virtual Church Service (Catholic) [CC] 10:00 Virtual Church Service (Non-Denominational) [AA] 10:30 Morning Workout [AA] 11:00 Daily Chronicle [AA] 12:00 Lunch 1:00 Small Groups 1:30 Community Walk [AA] 2:00 BINGO! [AA] 3:00 Puzzle Corner 3:00 Snack Attack [LH] 4:00 Ladder Ball 5:00 Dinner [DC]	22 10:30 Morning Movement [AA] 10:30 Nature Talk Recreation Led [AA] 11:00 Daily Chronicle [AA] 11:30 Trivia Challenge (iN2L) [AA] 12:00 Lunch 1:00 1:1 Relaxation (LH) 1:00 Monday Movie Matinee 1:00 Small Groups 2:00 Big Bucks Bingo IN2L 3:00 Snack Attack [LH] 4:00 Jeffrey Levin Music 5:00 Dinner [DC] 6:00 Evening News [AA] 7:00 Wheel of Fortune/Jeopardy	23 10:00 Morning Movement [AA] 10:30 Nature Talk Recreation Led [AA] 11:00 Daily Chronicle [AA] 11:30 Alphabet Soup A-Z [AA] 12:00 Lunch 1:00 1:1 Relaxation (LH) 1:00 Small Groups 2:00 Cardio Drumming 3:00 Snack Attack [LH] 4:00 Karaoke Sing-Along with Susie Q (iN2L) 4:30 Puzzles 5:00 Dinner [DC] 6:00 Evening News [AA] 7:00 Wheel of Fortune/Jeopardy	24 10:00 Morning Movement [AA] 10:30 Painting (small group) 10:30 Nature Talk Recreation Led [AA] 11:00 Daily Chronicle [AA] 11:15 Bake Cookies 11:30 Trivia Challenge (iN2L) [AA] 12:00 Lunch 1:00 Lunch Bunch Outing 1:00 1:1 Relaxation (LH) 1:00 Small Groups 2:00 Live Music & Dancing with Daryl [AA] 3:00 Snack Attack [LH] 4:00 Chair VolleyBALL for ALL 4:30 Music Break 5:00 Dinner [DC] 6:00 Evening News [AA] 7:00 Wheel of Fortune/Jeopardy [AA]	25 10:00 Morning Movement [AA] 10:30 Nature Talk Recreation Led [AA] 11:00 Daily Chronicle [AA] 11:30 Alphabet Soup A-Z [AA] 12:00 Lunch 1:00 1:1/Relaxation/Gardening [LH] 1:00 Small Groups 2:00 Get Fit with Bayada [AA] 3:00 Small Group/Brain games 3:00 Snack Attack [LH] 4:00 Karaoke Sing-Along with Susie Q (iN2L) 4:30 Puzzles 5:00 Dinner [DC] 6:00 Evening News [AA]	26 10:00 Morning Movement [AA] 10:00 Picture Detective Small Group 10:30 Nature Talk Recreation Led [AA] 11:00 Big Bucks Bingo 11:00 Daily Chronicle [AA] 11:30 Trivia Challenge (iN2L) [AA] 12:00 Lunch 1:00 1:1/Relaxation [LH] 1:00 Neurosound Music Therapy 1:00 Small Groups 2:00 Willy the Piano guy play 3:00 Snack Attack [LH] 3:30 Friday Movie 4:30 Music Break 5:00 Dinner [DC] 6:00 Evening News [AA]	27 10:00 Morning Movement [AA] 10:00 Weekend News [AA] 10:30 Weekend News [AA] 11:00 Daily Chronicle [AA] 11:30 Sensory Saturday: Reminiscing with Scents [AA] 12:00 Lunch 1:00 Small Groups 1:30 Community Walk [AA] 2:00 Noodle Ball 2:30 Trivia 3:00 Movie Saturday 3:00 Snack Attack [LH] 4:00 Color Me Calm: New Year's Edition [AA] 5:00 Dinner [DC] 6:00 Evening News [AA]
	19520 Sandridge Way Leesburg, VA 20176 703-936-7300 Activities are subject to change	28 9:30 Virtual Church Service (Catholic) [CC] 10:00 Virtual Church Service (Non-Denominational) [AA] 10:30 Morning Workout [AA] 11:00 Daily Chronicle [AA] 12:00 Lunch 1:00 Small Groups 1:30 Community Walk [AA] 2:00 BINGO! [AA] 3:00 Puzzle Corner 3:00 Snack Attack [LH] 4:00 Ladder Ball 5:00 Dinner [DC]	29 10:30 Morning Movement [AA] 10:30 Nature Talk Recreation Led [AA] 11:00 Daily Chronicle [AA] 11:30 Trivia Challenge (iN2L) [AA] 12:00 Lunch 1:00 Monday Movie Matinee 1:00 Small Groups 2:00 Big Bucks Bingo IN2L 3:00 Snack Attack [LH] 5:00 Dinner [DC] 6:00 Evening News [AA] 7:00 Wheel of Fortune/Jeopardy	30 10:00 Morning Movement [AA] 10:30 Nature Talk Recreation Led [AA] 11:00 Eric Highsmith 11:30 Alphabet Soup A-Z [AA] 12:00 Lunch 1:00 1:1 Relaxation (LH) 1:00 Small Groups 2:00 Cardio Drumming 3:00 Snack Attack [LH] 4:00 Karaoke Sing-Along with Susie Q (iN2L) 4:30 Puzzles 5:00 Dinner [DC] 6:00 Evening News [AA] 7:00 Wheel of Fortune/Jeopardy	31 10:00 Morning Movement [AA] 10:30 Painting (small group) 10:30 Nature Talk Recreation Led [AA] 11:00 Daily Chronicle [AA] 11:15 Bake Cookies 11:30 Trivia Challenge (iN2L) [AA] 12:00 Lunch 1:00 1:1 Relaxation (LH) 1:00 Small Groups 1:00 Van Ride 2:00 Live Music & Dancing with Daryl [AA] 3:00 Snack Attack [LH] 4:00 Chair VolleyBALL for ALL 4:30 Music Break 5:00 Dinner [DC] 6:00 Evening News [AA] 7:00 Wheel of Fortune/Jeopardy [AA]	Educational Emotional Environmental Fitness Intellectual Nutrition Physical Purposeful Social Spiritual Yoga	Location Keys Activity Area AA 19520 Sandridge Way Cardinal Cafe CC Leesburg, VA 20176 Community LH 703-936-7300 Dogwood Cafe DC	