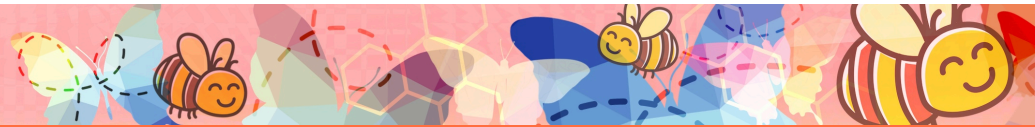


May 2022 Monthly Calendar

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Resident Birthdays</p> <p>Lillie F. 5/1 Barbarene K. 5/6 James W. 5/15 Larry E. 5/18 Cindy Z. 5/22 Mady M. 5/25</p>	<p>May Day 1</p> <p>8:00a 🍴 Breakfast 10:00 🗳️ Virtual Catholic Mass [DC] 10:30 🗳️ Virtual Church Service (Non-Denominational) [CC] 11:00 🕒 Daily Chronicles [AR] 11:30 🔄 Morning Workout [AR] 12:00 🍴 Lunch 1:00 🔄 Walking Club [C] 1:30 🔄 (W)Riders Club [C] 2:00 🔄 Fun in the Sun: Corn Hole [AR] 2:45 🍴 Snack Attack [AR] 3:00 🕒 Bingo! [AR] 4:00 📖 Inspiration Hour [AR] 5:00p 🍴 Dinner</p>	<p>2</p> <p>8:00a 🍴 Breakfast 9:30 📺 News & Weather [AR] 10:00 🌍 Joy with Nature [AR] 10:30 🔄 Morning Workout [AR] 11:00 📖 Music: The Swingin' Sixties [AR] 12:00 🍴 Lunch 1:00 📺 1:1/Relaxation [LH] 1:30 🕒 Daily Chronicles [LH] 3:00 📖 Movie Matinee: Forest Gump [LH] 3:00 🍴 Snack Attack [AR] 5:00p 🍴 Dinner 6:00 🕒 News/Wheel of Fortune/Jeopardy [LH]</p>	<p>3</p> <p>8:00a 🍴 Breakfast 9:30 📺 News & Weather [AR] 10:00 🌍 Joy with Nature [AR] 10:30 🔄 Morning Workout [AR] 11:00 📺 Daily Chronicles [AR] 11:30 📖 Drum Circle [AR] 12:00 🍴 Lunch 1:00 📺 1:1/Relaxation [LH] 2:00p 📖 Spring Festival [LH] 3:00 📖 MAGIC SHOW [AR] 3:00 🌍 Mini Zoo [C] 4:15 📖 80s Sitcom: Laverne & Shirley [AR] 5:00p 🍴 Dinner 6:00 🕒 News/Wheel of Fortune/Jeopardy [AR]</p>	<p>4</p> <p>8:00a 🍴 Breakfast 9:30 📺 News & Weather [AR] 10:00 🌍 Joy with Nature [AR] 10:45 📺 Daily Chronicle [AR] 11:00 📺 BINGO! [AR] 11:30 📺 Hand Massages [AS] 12:00 🍴 Lunch 1:00 📺 1:1/Relaxation [LH] 1:30 📺 Daily Chronicles [AR] 2:00 📖 Live Music with Jeff [AR] 3:00 🕒 Bingo! [AR] 5:00p 🍴 Dinner 6:00 🕒 News/Wheel of Fortune/Jeopardy [AR]</p>	<p>Cinco de Mayo 5</p> <p>8:00a 🍴 Breakfast 9:30 🌍 Joy with Nature [AR] 10:45 📖 Cinco de Mayo Celebration [AR] 12:00 🍴 Lunch 2:00 📖 Our National Parks [AR] 3:00 🔄 Chair Volleyball [AR] 4:00 📺 Table Setting [DC] 5:00p 🍴 Dinner 6:00 🕒 News/Wheel of Fortune/Jeopardy [AR]</p>	<p>6</p> <p>8:00a 🍴 Breakfast 9:30 📺 News & Weather [AR] 10:00 🌍 Joy with Nature [AR] 10:30 🔄 Morning Workout [AR] 11:00 📺 Daily Chronicle [AR] 11:30 📖 Karaoke Sing Along [AR] 12:00 🍴 Lunch 1:00 📺 1:1/Relaxation [LH] 1:30 📺 Manicures [AS] 2:00 🕒 Name Five [AR] 2:45 🍴 Snack Attack [AR] 3:00 🔄 Bean Bag Toss [AR] 4:00 🕒 Puzzle Corner [AR] 5:00p 🍴 Dinner 6:00 🕒 News/Wheel of Fortune/Jeopardy [AR]</p>	<p>Kentucky Derby 7</p> <p>8:00a 🍴 Breakfast 10:00 🌍 This Old House [AR] 10:30 🔄 Morning Workout [AR] 11:00 📺 Daily Chronicles [AR] 12:00 🍴 Lunch 1:00 🔄 Walking Club [C] 1:30 🔄 (W)Riders Club [LH] 2:00 🕒 Name That Tune: The 50s [AR] 2:30 📖 Kentucky Derby [AR] 2:30 📺 Sensory Saturday: Manicures [LH] 3:30 🔄 Chair Volleyball [AR] 5:00p 🍴 Dinner 6:00 🕒 Wheel of Fortune (Netflix) [AR]</p>
<p>COMMUNITY EVENTS</p> <p>May 3 Spring Festival 2:00pm</p> <p>May 5 Cinco de Mayo 10:45am</p> <p>May 8 Mother's Day Tea 2:30pm</p> <p>May 30 Memorial Day Cookout 12:00pm</p>	<p>Mother's Day 8</p> <p>8:00a 🍴 Breakfast 9:30 🗳️ Virtual Church Service (Catholic) [DC] 10:00 🗳️ Virtual Church Service (Non-Denominational) [AR] 10:30 🔄 Morning Workout [AR] 11:00 🕒 Daily Chronicles [AR] 11:30 📺 Mothers of Invention [AR] 12:00 🍴 Lunch 1:30 🔄 Community Walk [LH] 2:30 📺 Men's Group [DC] 2:30 📖 Mother's Day Tea (Women's Group) [AR] 2:45 🍴 Snack Attack [AR] 4:00 📖 Inspiration Hour [AR] 5:00p 🍴 Dinner</p>	<p>9</p> <p>8:00a 🍴 Breakfast 9:30 📺 News & Weather [AR] 10:00 🌍 Joy with Nature [AR] 10:30 🔄 Morning Movement [LH] 11:00 📺 Daily Chronicles [AR] 11:30 🕒 Picture Detective [AR] 12:00 🍴 Lunch 1:00 📺 1:1/Relaxation [LH] 2:00 🔄 Noodle Ball [LH] 3:00 📺 Movie Matinee: Awakenings 3:00 🍴 Snack Attack [LH] 5:00p 🍴 Dinner 6:00 📖 Evening News/Wheel of Fortune/Jeopardy [AR]</p>	<p>10</p> <p>8:00a 🍴 Breakfast 9:30 📺 News & Weather [AR] 10:00 🌍 Joy with Nature [AR] 10:30 🔄 Morning Movement [LH] 11:00 📺 Daily Chronicles [AR] 11:30 📺 Art Walk [LH] 11:30 🕒 Puzzle Corner [AR] 11:30 📖 Women's Social [C] 12:00 🍴 Lunch 1:00 📺 1:1/Relaxation [LH] 2:00 🔄 Chair Volleyball [AR] 3:00 🍴 Snack Attack Social Hour [LH] 4:00 📺 Kennedy Center Presents: Chicago's Children Choir [AR] 5:00p 🍴 Dinner 6:00 📺 Evening News [AR] 7:00 🕒 Wheel of Fortune/Jeopardy [AR]</p>	<p>Eat What You Want Day 11</p> <p>8:00a 🍴 Breakfast 9:30 📺 News & Weather [AR] 10:00 🌍 Joy with Nature [AR] 10:30 🔄 Morning Movement [LH] 11:00 📺 Daily Chronicles [AR] 11:30 📺 Drum Circle [AR] 12:00 🍴 Lunch 1:00 📺 1:1/Relaxation [LH] 2:00 📖 Karaoke Sing Along [AR] 3:00 🍴 Snack Attack Social Hour [LH] 4:00 📖 Educational Program: Killer Whales [AR] 5:00p 🍴 Dinner 6:00 🕒 Evening News [AR] 7:00 🕒 Wheel of Fortune/Jeopardy [AR]</p>	<p>12</p> <p>8:00 🍴 Breakfast 9:30 📺 News & Weather [AR] 10:00 🌍 Joy with Nature: The Gardener [AR] 11:30 📺 Daily Chronicles [AR] 12:00 🍴 Lunch 1:00 📺 1:1/Relaxation [LH] 2:00 🕒 Finish The Lyric [AR] 2:30 🔄 Midday Workout [LH] 3:00 🍴 Snack Attack Social Hour [LH] 4:00 🔄 Corn Hole [AR] 5:00 🍴 Dinner 6:00 🕒 Evening News [AR] 7:00 🕒 Wheel of Fortune/Jeopardy [AR]</p>	<p>Friday The 13th 13</p> <p>8:00 🍴 Breakfast 9:30 📺 News & Weather [AR] 10:00 🌍 Joy with Nature [AR] 10:30 🔄 Morning Movement [AR] 11:00 📺 Daily Chronicles [AR] 11:30 📺 Music Trivia [AR] 12:00 🍴 Lunch 1:00 📺 1:1/Relaxation [LH] 2:00 📺 Fun in the Sun [C] 2:45 🍴 Snack Attack [LH] 3:00 🕒 BINGO! 4:00 📖 Comedy Hour: Tom Papa [AR] 5:00 🍴 Dinner 6:00 🕒 Evening News [AR] 7:00 🕒 Wheel of Fortune/Jeopardy [AR]</p>	<p>14</p> <p>8:00 🍴 Breakfast 10:00 🌍 This Old House [AR] 10:30 🔄 Morning Workout [AR] 11:00 📺 Daily Chronicles [AR] 11:30 🕒 Alphabet Game: Cities [AR] 12:00 🍴 Lunch 1:00 📺 1:1/Relaxation [LH] 1:30 🔄 (W)Riders Club [LH] 2:30 📺 Sensory Saturday: Manicures [LH] 3:30 🔄 Chair Volleyball [AR] 5:00 🍴 Dinner 6:00 📺 Movie [AR]</p>
<p>Activities are fluid and subject to change</p>	<p>15</p> <p>8:00 🍴 Breakfast 9:30 🗳️ Virtual Church Service (Catholic) [DC] 10:00 🗳️ Virtual Church Service (Non-Denominational) [AR] 10:30 🔄 Morning Workout [AR] 11:00 📺 Daily Chronicles [AR] 12:00 🍴 Lunch 1:00 📺 1:1/Relaxation [LH] 1:30 🔄 Community Walk [LH] 2:00 🔄 Fun in the Sun: Ladder Ball [AR] 2:45 🍴 Snack Attack [AR] 3:00 🕒 Word Game [AR] 4:00 📖 Inspiration Hour [AR] 5:00p 🍴 Dinner 6:00 📺 Resident Choice [AR]</p>	<p>International Peace Day 16</p> <p>8:00 🍴 Breakfast 9:30 📺 News & Weather [AR] 10:00 🌍 Joy with Nature [AR] 10:30 🔄 Morning Movement [LH] 11:00 📺 Daily Chronicles [AR] 11:30 🕒 Picture Detective [AR] 1:00 📺 1:1/Relaxation [LH] 2:00 🔄 Noodle Ball [LH] 3:00 📺 Movie Matinee (Resident Choice) 3:15 🍴 Snack Attack [LH] 5:00p 🍴 Dinner 6:00 🕒 Evening News [AR] 7:00 🕒 Wheel of Fortune/Jeopardy [AR]</p>	<p>17</p> <p>8:00 🍴 Breakfast 9:30 📺 News & Weather [AR] 10:00 🌍 Joy with Nature [AR] 10:30 🔄 Morning Movement [LH] 11:00 📺 Daily Chronicles [AR] 11:30 📺 Art Walk [LH] 11:30 📖 Men's Social 11:30 🕒 Puzzle Corner [AR] 12:00 🍴 Lunch 1:00 📺 1:1/Relaxation [LH] 2:00 🔄 Chair Volleyball [AR] 3:00 🍴 Snack Attack [LH] 4:00 🌍 Arm Chair Travel [AR] 5:00p 🍴 Dinner 6:00 🕒 Evening News [AR] 7:00 🕒 Wheel of Fortune/Jeopardy [AR]</p>	<p>I Love Reece's Day 18</p> <p>8:00 🍴 Breakfast 9:30 📺 News & Weather [AR] 10:00 🌍 Joy with Nature [AR] 10:30 🔄 Morning Movement 11:00 📺 Daily Chronicles [AR] 11:30 📺 Drum Circle [AR] 12:00 🍴 Lunch 1:00 📺 1:1/Relaxation [LH] 1:30 📺 Fun in the Sun 3:00 📖 BINGO! [AR] 3:15 🍴 Snack Attack [LH] 4:00 📖 Educational Program 5:00p 🍴 Dinner 6:00 🕒 Evening News [AR] 7:00 🕒 Wheel of Fortune/Jeopardy [AR]</p>	<p>19</p> <p>8:00 🍴 Breakfast 9:30 📺 News & Weather [AR] 10:00 🌍 Joy with Nature: Beatrix Farrand's American Landscapes [AR] 11:30 📺 Daily Chronicles [AR] 12:00 🍴 Lunch 1:00 📺 1:1/Relaxation [LH] 2:00 🕒 Finish The Lyric [AR] 2:30 🔄 Midday Workout [LH] 3:15 🍴 Snack Attack [LH] 4:00 🔄 Corn Hole [AR] 5:00 🍴 Dinner 6:00 🕒 Evening News [AR] 7:00 🕒 Wheel of Fortune/Jeopardy [AR]</p>	<p>National Pizza Party Day 20</p> <p>8:00 🍴 Breakfast 9:30 📺 News & Weather [AR] 10:00 🌍 Joy with Nature [AR] 10:30 🔄 Morning Movement [AR] 11:00 📺 Daily Chronicles [AR] 11:00 📺 Music Trivia [AR] 12:00 🍴 Lunch 1:00 📺 1:1/Relaxation [LH] 2:00 📺 Fun in the Sun [C] 2:45 🍴 Snack Attack [LH] 3:00 🕒 BINGO! 4:00 📖 Comedy Hour [AR] 5:00 🍴 Dinner 6:00 🕒 Evening News [AR] 7:00 🕒 Wheel of Fortune/Jeopardy [AR]</p>	<p>Armed Forces Day 21</p> <p>8:00 🍴 Breakfast 10:00 🌍 This Old House [AR] 10:30 🔄 Morning Workout [AR] 11:00 📺 Daily Chronicles [AR] 11:30 🕒 Trivia [AR] 12:00 🍴 Lunch 1:00 🔄 Walking Club [C] 1:30 🔄 (W)Riders Club [LH] 2:30 📺 Sensory Saturday: Manicures [LH] 3:30 🔄 Chair Volleyball [AR] 5:00p 🍴 Dinner 6:00 📺 Movie [AR]</p>



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

<p>Resident Birthdays</p> <p>Lillie F. 5/1 Barbarene K. 5/6 James W. 5/15 Larry E. 5/18 Cindy Z. 5/22 Mady M. 5/25</p>	<p>8:00 🍴 Breakfast</p> <p>9:30 🌸 Virtual Church Service (Catholic) [DC] 22</p> <p>10:00 🌸 Virtual Church Service (Non-Denominational) [AR]</p> <p>10:30 ↔ Morning Workout [AR]</p> <p>11:00 🚗 Daily Chronicles [AR]</p> <p>12:00 🍴 Lunch</p> <p>1:30 ↔ Community Walk [LH]</p> <p>2:00 🚗 Fun in the Sun [C]</p> <p>2:45 🍴 Snack Attack [AR]</p> <p>3:00 🧠 Word Game [AR]</p> <p>4:00 🧠 Inspiration Hour [AR]</p> <p>5:00p 🍴 Dinner</p> <p>6:00 🚗 Resident Choice [AR]</p>	<p>Victoria Day 23</p> <p>8:00 🍴 Breakfast</p> <p>9:30 🚗 News & Weather [AR]</p> <p>10:00 🌍 Joy with Nature [AR]</p> <p>10:30 ↔ Morning Movement [LH]</p> <p>11:00 🚗 Daily Chronicles [AR]</p> <p>11:30 🧠 Picture Detective [AR]</p> <p>1:00 🚗 1:1/Relaxation [LH]</p> <p>2:00 ↔ Noodle Ball [LH]</p> <p>2:45 🍴 Snack Attack [LH]</p> <p>3:00 🚗 Movie Matinee (Resident Choice)</p> <p>3:15 🍴 Snack Attack [LH]</p> <p>5:00p 🍴 Dinner</p> <p>6:00 🚗 Evening News [AR]</p> <p>7:00 🧠 Wheel of Fortune/Jeopardy [AR]</p>	<p>8:00 🍴 Breakfast</p> <p>9:30 🚗 News & Weather [AR] 24</p> <p>10:00 🌍 Joy with Nature [AR]</p> <p>10:30 ↔ Morning Movement [LH]</p> <p>11:00 🚗 Daily Chronicles [AR]</p> <p>11:30 🚗 Art Walk [LH]</p> <p>11:30 🧠 Puzzle Corner [AR]</p> <p>11:30 🚗 Women's Social [C]</p> <p>12:00 🍴 Lunch</p> <p>1:00 🚗 1:1/Relaxation [LH]</p> <p>2:00 ↔ Chair Volleyball [AR]</p> <p>3:00 🍴 Snack Attack [LH]</p> <p>4:00 🌍 Arm Chair Travel [AR]</p> <p>5:00p 🍴 Dinner</p> <p>6:00 🚗 Evening News [AR]</p> <p>7:00 🧠 Wheel of Fortune/Jeopardy [AR]</p>	<p>8:00 🍴 Breakfast</p> <p>9:30 🚗 News & Weather [AR] 25</p> <p>10:00 🌍 Joy with Nature [AR]</p> <p>11:00 🚗 Daily Chronicles [AR]</p> <p>11:30 🧠 Drum Circle [AR]</p> <p>12:00 🍴 Lunch</p> <p>1:00 🚗 1:1/Relaxation [LH]</p> <p>1:30 🚗 Fun in the Sun [C]</p> <p>2:30 🎵 Karaoke Sing Along [AR]</p> <p>3:00 🍴 Snack Attack [LH]</p> <p>4:00 🧠 Educational Program [AR]</p> <p>5:00p 🍴 Dinner</p> <p>6:00 🚗 Evening News [AR]</p> <p>7:00 🧠 Wheel of Fortune/Jeopardy [AR]</p>	<p>National Cherry Desert Day 26</p> <p>8:00 🍴 Breakfast</p> <p>9:30 🚗 News & Weather [AR]</p> <p>11:30 🚗 Daily Chronicles [AR]</p> <p>12:00 🍴 Lunch</p> <p>1:00 🚗 1:1/Relaxation [LH]</p> <p>2:00 🧠 Finish The Lyric [AR]</p> <p>2:30 ↔ Midday Workout [LH]</p> <p>3:00 🍴 Snack Attack [LH]</p> <p>4:00 ↔ Corn Hole [AR]</p> <p>5:00 🍴 Dinner</p> <p>7:00 🧠 Wheel of Fortune/Jeopardy [AR]</p>	<p>8:00 🍴 Breakfast</p> <p>9:30 🚗 News & Weather [AR] 27</p> <p>10:00 🌍 Joy with Nature [AR]</p> <p>10:30 ↔ Morning Movement [AR]</p> <p>11:00 🚗 Daily Chronicles [AR]</p> <p>11:30 🚗 Music Trivia [AR]</p> <p>12:00 🍴 Lunch</p> <p>1:00 🚗 1:1/Relaxation [LH]</p> <p>2:00 🚗 Fun in the Sun [C]</p> <p>3:00 🧠 BINGO!</p> <p>3:15 🍴 Snack Attack [LH]</p> <p>4:00 🎵 Comedy Hour [AR]</p> <p>5:00 🍴 Dinner</p> <p>6:00 🚗 Evening News [AR]</p> <p>7:00 🧠 Wheel of Fortune/Jeopardy [AR]</p>	<p>National Hamburger Day 28</p> <p>8:00 🍴 Breakfast</p> <p>10:00 🌍 This Old House [AR]</p> <p>10:30 ↔ Morning Workout [AR]</p> <p>11:00 🚗 Daily Chronicles [AR]</p> <p>11:30 🧠 Alphabet Game: Food [AR]</p> <p>12:00 🍴 Lunch</p> <p>1:00 ↔ Walking Club [C]</p> <p>1:30 ↔ (W)Riders Club [LH]</p> <p>2:30 🚗 Sensory Saturday: Manicures [LH]</p> <p>3:30 ↔ Chair Volleyball [AR]</p> <p>5:00p 🍴 Dinner [AR]</p> <p>6:00 🚗 Movie [AR]</p>
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COMMUNITY EVENTS

May 3
Spring Festival
2:00pm

May 5
Cinco de Mayo
10:45am

May 8
Mother's Day Tea
2:30pm

May 30
Memorial Day Cookout
12:00pm

Activities are fluid and subject to change

<p>8:00a 🍴 Breakfast</p> <p>9:30 🌸 Virtual Church Service (Catholic) [DC] 29</p> <p>10:00 🌸 Virtual Church Service (Non-Denominational) [AR]</p> <p>10:30 ↔ Morning Workout [AR]</p> <p>11:00 🚗 Daily Chronicles [AR]</p> <p>12:00 🍴 Lunch</p> <p>1:30 ↔ Community Walk [LH]</p> <p>2:00 ↔ Fun in the Sun: Ladder Ball [AR]</p> <p>2:45 🍴 Snack Attack [AR]</p> <p>3:00 🧠 Word Game [AR]</p> <p>4:00 🧠 Inspiration Hour [AR]</p> <p>5:00p 🍴 Dinner</p> <p>6:00 🚗 Resident Choice [AR]</p>	<p>Memorial Day 30</p> <p>9:30 🚗 News & Weather [AR]</p> <p>10:00 🌍 Joy with Nature [AR]</p> <p>10:30 ↔ Morning Movement [LH]</p> <p>11:00 🚗 Daily Chronicles [AR]</p> <p>11:30 🧠 Picture Detective [AR]</p> <p>12:00 🍴 Lunch</p> <p>1:00 🚗 1:1/Relaxation [LH]</p> <p>2:00 ↔ Noodle Ball [LH]</p> <p>3:00 🚗 Movie Matinee (Resident Choice)</p> <p>3:15 🍴 Snack Attack [LH]</p> <p>5:00p 🍴 Dinner</p> <p>6:00 🚗 Evening News [AR]</p> <p>7:00 🧠 Wheel of Fortune/Jeopardy [AR]</p>	<p>9:30 🚗 News & Weather [AR] 31</p> <p>10:00 🌍 Joy with Nature [AR]</p> <p>10:30 ↔ Morning Movement [LH]</p> <p>11:00 🚗 Daily Chronicles [AR]</p> <p>11:30 🚗 Art Walk [LH]</p> <p>11:30 🚗 Men's Social</p> <p>11:30 🧠 Puzzle Corner [AR]</p> <p>12:00 🍴 Lunch</p> <p>1:00 🚗 1:1/Relaxation [LH]</p> <p>2:00 ↔ Chair Volleyball [AR]</p> <p>3:00 🍴 Snack Attack [LH]</p> <p>4:00 🌍 Arm Chair Travel [AR]</p> <p>5:00p 🍴 Dinner</p> <p>6:00 🚗 Evening News [AR]</p> <p>7:00 🧠 Wheel of Fortune/Jeopardy [AR]</p>
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19520 Sandridge Way
Leesburg, VA 20176
703-936-7300

"I am not afraid of storms
how to sail
— Louisa M

Activity Groups

- ♥ Emotional
 - 🌍 Environmental
 - 🧠 Intellectual
 - 🍴 Nutrition
 - ↔ Physical
 - 🚗 Purposeful
 - 🧠 Social
 - ★ Special Event
 - 🌸 Spiritual
- Red (All)
 - Orange (E)
 - Green (M)
 - Blue (L)

"I am not afraid of storms, for I am learning how
— Louisa May Alcott