

# Lunch Menu

## Protein Choices

**Slow Roasted Beef**

**Roasted Salmon**

## Sides

**Rice Pilaf**

**Sauteed Snow Peas**

**Savory Mustard Cream**

## Desserts

**Cake with Frosting**

## Beverages

### **Juice**

Orange, Apple, or Cranberry

### **Milk**

### **Soda**

Diet Cola or Diet Ginger Ale

### **Coffee**

Regular or Decaf

### **Tea**

Iced or Hot

### **Water**

Regular or Mango Flavored

\*\*Always Available Menu includes additional options\*\*

\*\*All menu items have been dietician approved\*\*



LANSDOWNE HEIGHTS

MEMORY CARE