Breakfast Menu

Food

Fresh Fruit
Cold Cereal
Hot Oatmeal
Crisp Bacon
Scrambled Eggs
Pancakes

Beverages

Juice

Orange, Apple, or Cranberry

Milk

Soda

Diet Cola or Diet Ginger Ale

Coffee

Regular or Decaf

Tea

Iced or Hot

Water

Regular or Mango Flavored

Always Available Menu includes additional options

All menu items have been dietician approved



LANSDOWNE HEIGHTS

MEMORY CARE